

1 Write the -ing form of the verbs.

- 1 go going
- 2 walk walking
- 3 stand standing
- 4 ride riding
- 5 watch watching
- 6 sit sitting
- 7 make making

2 Complete the sentences with the verbs in the box in the -ing form.

dance play ride run swim watch

- 1 We like riding horses.
- 2 I don't like water! I don't like swimming in the pool.
- 3 They are good at singing and dancing.
- 4 She isn't very good at playing hockey.
- 5 What sports do you like watching on TV?
- 6 I like running very fast in the stadium.

3 Complete the sentences with the correct pronoun.

- 1 Vegetables are good for you.
- 2 She likes running in the park. It is good for her.
- 3 They don't like playing tennis. They are not very good at it.
- 4 I like oranges. They are good for me.
- 5 We don't like playing with them. They are not very nice.
- 6 We like our aunt very much. She is very kind to us.

4 Put the words in the correct order to make sentences.

- 1 I / like / them / with / don't / playing
I don't like playing with them
- 2 Chips / aren't / cakes / very / you / for / good / and
Chips aren't very good for you. Cakes are very good for you.
- 3 at / isn't / She / good / art. / doesn't / She / like / it.
She isn't good at art. She doesn't like it.
- 4 I / singing. / like / don't / at / good / I'm / it. / not
I don't like singing. I'm not good at it.
- 5 drinking / like / We / water. / good / It's / for / us.
We like drinking water. It's good for us.
- 6 rice? / you / Do / like / do. / I / Yes, / for / good / me. / It's
Do you like rice? Yes, I do. It's good for me.

5 Complete the sentences with a verb in the -ing form or a pronoun.

- 1 We are good at getting up early in the morning.
- 2 He doesn't like playing football.
- 3 Butter isn't very good for you.
- 4 Paula's here! I've got a computer game for her.
- 5 They don't like drinking milk.
- 6 We eat vegetables. They are good for us.

6 Complete Renato's email with one word in each gap.

Reply Forward

Subject: _____

From: _____

To: _____

Date: _____

Hi Jules,

Sport is good for me. There's a sports centre behind my house. I like running and I love playing tennis. I'm very good ¹ at playing football and I can swim! My family eats a lot of fruit and vegetables, but I ² don't like them. My parents say they're good for ³ us, but I'm not very good at eating ⁴ chocolate. My brothers eat a lot of chocolate. That isn't very good for them. They don't like doing sport. They like ⁵ watching TV. And you? Do you ⁶ like dancing? It's very good for ⁷ me. Have you got a bike? What's your favourite sport?

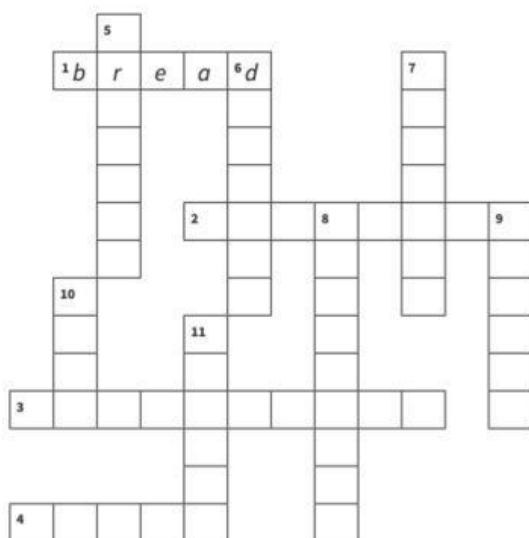
Write soon!

Renato

1 Complete the words for sports and activities with the missing letters.

- 1 t e n n i s
- 2 b _ _ _ _ _ n
- 3 t _ _ e t _ _ _ s
- 4 f _ _ _ _ l
- 5 h _ _ _ _ y
- 6 r _ _ _ _ g
- 7 s _ _ _ _ g
- 8 d _ _ _ _ g
- 9 b _ _ _ _ l
- 10 b _ _ _ _ l

2 Use the clues to complete the crossword.



Across

- 1 You make a sandwich with ...
- 2 ... are a sweet snack.
- 3 ... are good for you, e.g. potatoes.
- 4 ... is a drink. It's got no colour.

Down

- 5 ... are a fruit and a colour.
- 6 Some people like ... at a disco.
- 7 Some people like ... computer games.
- 8 ... is a sweet brown food.
- 9 Some people like walking to ... in the morning.
- 10 You eat ... on your birthday.
- 11 You put ... on bread to make a sandwich.

3 Complete the words in the health phrases. You have the first letter of each word.

- 1 You'll f e e l f i n e.
- 2 You'll f _ _ _ w _ _ _.
- 3 You'll f _ _ _ b _ _ _.
- 4 It is / isn't g _ _ _ f _ _ you.

4 Complete the health phrases in the conversations with the correct words. There may be more than one possible answer.

- 1 **A:** I'm always tired in the morning.
B: Eat a good breakfast and you'll ¹ feel fine.
- 2 **A:** Do you like sport?
B: I like playing football and it's ² good for you.
- 3 **A:** I stay at home all day.
B: Go out with friends and you'll ³ feel better.
- 4 **A:** I eat a lot of sweet snacks.
B: They aren't good ⁴ for you. Eat more fruit and you'll feel ⁵ better.



PRONUNCIATION | Word stress

5 Listen and write the words in the table according to their stress pattern. Then listen again and check.

0	0o	0oo	o0o
		<i>badminton</i>	

6 Complete the conversations with the words in the box. There are two extra words.

art ~~baseball~~ cake fine French games
good meeting science swimming table
vegetables walking water

- 1 **A:** I play ¹ baseball and I like ² tennis.
B: I don't like sport, but I like ³ French to school and I like playing computer ⁴ games.
- 2 **A:** I like staying at home.
B: I don't. I like ⁵ walking my friends at the park.
- 3 **A:** I'm good at languages, my favourite subject is ⁶ science.
B: My favourite subject is ⁷ French. I like learning about chemistry, physics and biology.
- 4 **A:** I eat a lot of sweet snacks like ⁸ cake and biscuits. They aren't ⁹ good for me.
B: Drink lots of ¹⁰ water and eat lots of ¹¹ vegetables and you'll feel better.
- 5 **A:** I'm always tired at school.
B: Eat a good breakfast and you'll feel ¹² better.