

also   another   example   in addition   such as   too

## 2. Reading Text

### A Day in the Life of a President



Many people imagine that the life of a president is full of important decisions and serious meetings. That is true, but a president also has a daily routine, just like everyone else.

The president usually wakes up very early, often before 6:00 a.m. The first activity is exercise—running, walking, or sometimes swimming to stay healthy and strong. After that, the president eats breakfast with the family. This short time together is important because the rest of the day is very busy.

At around 8:00, work begins. The president reads reports from ministers about the country's economy, schools, and hospitals. There are also newspapers and letters from citizens. The president must understand what people need. Then, the president has meetings with ministers and advisers. Sometimes these meetings are quiet discussions, but other times they are big conferences with many people speaking.

In the afternoon, the president often gives speeches or welcomes visitors from other countries. These visits are important for building friendships between nations. The president may also travel to different places to see schools, factories, or hospitals, and to talk directly with local people.

Evenings are calmer. The president usually has dinner with the family. After dinner, there may still be papers to read or a speech to prepare. Before going to bed around 11:00, the president sometimes reads a book to relax before going to bed.

Being president is difficult, but it is also a great honor to serve the country every single day.

### 3. Reading Comprehension

**Practice 1: Read and answer the questions.**

1. What is the main idea of the text?
  - a. The president's family traditions
  - b. The president's daily life and routine
  - c. The history of the country
  - d. How to become president
2. Read the sentences. Write T (true) or F (false).
  - a. The president usually wakes up late in the morning. \_\_\_\_\_
  - b. The president reads reports and newspapers to understand the country's problems. \_\_\_\_\_
  - c. In the afternoon, the president plays sports with friends. \_\_\_\_\_
  - d. The president often welcomes visitors from other countries. \_\_\_\_\_

**Practice 2: Read and answer the questions.**

1. What activity does the president do first after waking up?  
\_\_\_\_\_
2. Why are meetings with ministers and advisers important?  
\_\_\_\_\_
3. What does the president sometimes do when traveling to other cities?  
\_\_\_\_\_
4. How does the president usually spend the evening with family?  
\_\_\_\_\_

### 4. Responding to The Text

**Ask and answer with your partner.**

- Do you think being a president is exciting or stressful? Why?
- Which part of the president's day do you find most interesting? Explain.
- The president has a very busy schedule. What is the busiest day you have ever had? How was it similar or different?

### III. Reading Practice

#### 1. Practicing

**Practice 1:** Read the main idea and each supporting detail. Write YES if the detail supports the main idea. Write NO if the detail does not support the main idea.

| Main Idea:            | Supporting details                                                       |
|-----------------------|--------------------------------------------------------------------------|
| Maria has a busy day. |                                                                          |
|                       | Maria wakes up at 6:30 every morning.                                    |
|                       | She eats breakfast with her family before going to school.               |
|                       | Maria's favorite subject is science because she likes doing experiments. |
|                       | She plays the piano for one hour after school.                           |
|                       | Maria's grandmother lives in another city.                               |
|                       | In the evening, Maria helps her mother cook dinner.                      |
|                       | She always finishes her homework before watching TV.                     |
|                       | Maria's best friend has two pet cats.                                    |
|                       | Before bed, Maria reads a storybook for twenty minutes.                  |

**Practice 2:** Read the paragraphs. Then answer the items.



Every day, Jose wakes up at 5:30 in the morning in his small town in Mexico. He is a farmer, and his daily routine is full of hard work. After a quick breakfast, he walks to the field with his tools. José works in the cornfield for many hours. He plants seeds, pulls weeds, and checks the plants. Sometimes, his son helps him after school. At

noon, José takes a short break to eat tortillas and beans under a shady tree. In the afternoon, José continues working until the sun goes down. Then, he walks home, tired but proud. At home, he eats dinner with his family. After dinner, he listens to the radio or talks with his children. Finally, he goes to bed early, because the next day he follows the same routine.

1. What is the main idea of the text?
  - a. José is a farmer and has a busy daily routine.
  - b. José eats tortillas and beans every day.
  - c. José works only in the morning.
  - d. José lives in a big city in Mexico.
2. Write four signal words or phrases from the text.

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3. Write one sentence from the text that supports the main idea.
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## 2. Reviewing

Answer the items

1. Explain what a main idea and supporting details are.

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2. Write four signal words or phrases that can help you find supporting details in a text.

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3. Read the paragraphs. Then write the main idea.

Eating fruits and vegetables is good for your body. Apples, carrots, and spinach give you vitamins. Oranges have a lot of vitamin C, which helps you stay strong. Vegetables like broccoli and cabbage are full of nutrients. If you eat fruits and vegetables every day, you will be healthier.

**Main idea:** \_\_\_\_\_

Kevin loves playing football. He practices after school with his friends. On weekends, he plays matches for his school team. Football keeps him healthy and gives him a chance to spend time with friends. Kevin dreams of becoming a professional player one day.

**Main idea:** \_\_\_\_\_

People in big cities use many kinds of transportation. Some people drive cars, while others ride buses or trains. Many students ride bicycles to school. In some cities, people even travel by ferry or subway. These different types of transportation help people move around quickly.

**Main idea:** \_\_\_\_\_