

1

We promote good health

NAME

DATE

- 1 What does it mean to be healthy? Complete.

We are healthy when we have good physical,,
and health.

2. Prevention consists of doing things to help us to stay healthy. Complete.

vaccinations – habits – check-ups

a) Have healthy

b) Go to medical

c) Get your

3. Complete the table by writing down the origin of each food (animal, plant or mineral origin) and its function (energy, body-building or regulating food)

FOOD	ORIGIN	FUNTION
Rice		energy food
Fruit and vegetables	plants	
Bread		
Meet		body-building food
Water and salt		
Fish		
Eggs	animal	

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1. Answer these questions:

- Spain is a democratic state because the decisions are made by

- The name of the most important law in Spain is called

- Spain is a parliamentary _____ because the head of
State is _____
- In which municipality do you live? _____
- In which province do you live? _____
- In which autonomous community do you live? _____

- How many councilors are there in the town hall of El Casar? _____

2. Match

Cortes Generales

Courts and tribunals

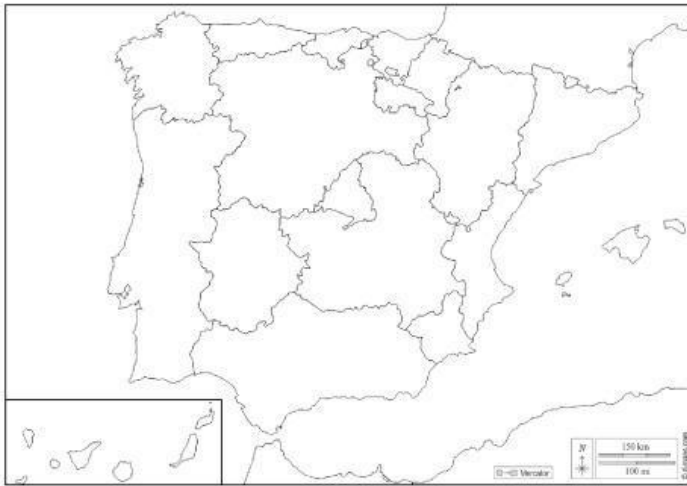
Government

President and ministers

Courts of Justice

Congreso de los
diputados and senado

3. Write the names of these autonomous communities.



1. _____

2. _____

3. _____

4. _____

5. _____

4. Write the names of these provinces.



1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____