



Vocabulary Mazes for EOT 3 Exam – G12 ADV

Maze 1

Mazen was determined to (1)_____ in the school marathon because he wanted to prove that hard work could help him succeed. However, a few days before the race, he started feeling unusual (2)_____ and weakness. He also developed a mild fever, a painful sore throat, and occasional (3)_____ whenever he stood up too quickly. His parents advised him to stay home and rest, but Mazen refused because he did not want to disappoint his teammates.

On the morning of the race, the excitement around the stadium was (4)_____. Students, teachers, and parents cheered loudly while music played across the field. Mazen tried to ignore the strong (5)_____ building in his chest as he ran. The school nurse later explained that the heart contains powerful cardiac muscles that continuously (6)_____ to (7)_____ blood through each (8)_____ of the heart. Since the chambers are not solid, they are considered (9)_____ structures that can fill with blood before pushing it through the body.

The doctor explained that Mazen's decision to race seemed to (10)_____ his health condition. He warned that recovery would (11)_____ proper rest, healthy meals, and enough sleep. After several days of medicine, light exercise, and healthy habits that (12)_____ his health, Mazen returned to school feeling much better.

Maze 2

For years, Fatima followed the same daily (1)_____ without questioning whether it was healthy or not. Her stressful (2)_____ included fast food, very little sleep, and long hours of studying. Although she believed these habits would help her succeed, the (3)_____ effects soon became obvious. Fatima became constantly (4)_____ and could barely focus in class. Her poor sleep also affected her (5)_____, causing her to feel anxious and overwhelmed.

One winter, a serious flu (6)_____ spread through the city. Because Fatima was already weak and (7)_____, she caught the (8)_____ quickly. The doctor explained that missing her healthy habits had placed extra strain on her body and made recovery harder. Fatima realized that success always involves sacrifice, but ignoring health was never worth the drawback.

After talking with her family, Fatima decided to (9)_____ and improve her life. She started exercising, sleeping earlier, and eating in (10)_____. Over time, these small changes greatly improved her well-being and gave him more energy and confidence.

Maze 3

Scientists around the world became concerned when an (1)_____ disease began spreading rapidly across several countries. Researchers discovered that the dangerous (2)_____ could easily (3)_____ from one person to another through tiny drops of saliva and mucus released while coughing or sneezing. Hospitals became overcrowded as many patients developed severe (4)_____, making it difficult for them to breathe.

Experts explained that the illness was caused by a rare (5)_____ created when two different viruses started to merge inside infected animals. The disease was first connected to farms with large numbers of domesticated poultry. Doctors warned that the virus had gone through a serious (6) _____, making it far more dangerous and potentially lethal. Governments quickly encouraged people to receive a (7) _____ in order to contain the outbreak before it spread further.

At the same time, scientists pointed out that pollution and dirty air could increase many health risks. Factories that depend on fuel and heavy combustion release harmful (8)_____ into the environment. To reduce the negative (9)_____ on the planet, many countries are investing in cleaner technology and renewable energy from biomass. Environmental experts believe that improving energy (10)_____ is necessary for long-term sustainability.

Maze 4

For many years, psychologists studied how people could achieve true happiness and (1)_____ in their lives.

Experts in positive psychology believe that strong relationships, meaningful goals, and realistic (2)_____ can improve emotional well-being. However, some teenagers become overly (3)_____ with social media and appearance, which may lead to serious mental health problems such as (4)_____.

Researchers also discovered that participating in (5)_____ activities helps people become more open-minded and connected to others from different backgrounds. These experiences often change a person's (6)_____ about life and encourage greater understanding between cultures.

Doctors have noticed another worrying health (7)_____ related to unhealthy eating habits and lack of exercise. Rates of obesity continue to increase in many countries, especially among young people. Health experts often give useful (8)_____ such as regular exercise, balanced meals, and enough sleep to improve overall health.

In recent years, many patients have shown interest in (9)_____ medicine, which focuses on treating the whole person rather than only the symptoms. Some treatments include natural remedies, soothing herbs, and personalised care plans designed by a licensed practitioner. Researchers continue to study the (10)_____ of these treatments to determine how helpful they truly are.

Maze 5

Ever since he was young, Kareem had been extremely (1)_____ and loved trying dangerous outdoor activities.

During one mountain trip, he slipped on a rock while trying to (2)_____ over the edge to take a photo. He fell

onto the ground and ended up with painful (3)_____ on his arms and legs. His friends quickly prepared a

(4)_____ of herbs and cold water as a natural (5)_____ to relieve the pain.

When Kareem returned home, his mother advised him not to (6)_____ too seriously, but she still wanted him

to see a doctor. The family decided to have a (7)_____ about his risky behavior and how it could affect his future.

Since Kareem was also suffering from headaches and strange (8) _____, they visited a (9) _____ who

carefully examined his brain and nervous system.

Meanwhile, Kareem's younger brother needed braces, so he had an appointment with an (10)_____. After

several weeks of proper treatment, Kareem slowly recovered and learned to be more careful during his adventures.