

Multiple Choice Questions

1. Which food is healthy?
 - a) Chips
 - b) Apple
 - c) Candy
2. Which drink is the healthiest?
 - a) Water
 - b) Cola
 - c) Energy drink
3. Which food is unhealthy?
 - a) Carrot
 - b) Fish
 - c) Hamburger
4. What should you eat more of?
 - a) Fruits and vegetables
 - b) Sweets
 - c) Crisps
5. Which meal is healthier?
 - a) Salad and chicken
 - b) Pizza and cola
 - c) Chips and chocolate