

WORKSHEET

INTRODUCING MYSELF, DAILY ACTIVITIES, AND HOBBIES

ENGLISH FOR GRADE VII
JUNIOR HIGH SCHOOL



Introducing Myself



Daily Activities



Hobbies

Let's
learn
English!

Practice
makes
progress!



Name : _____
Class : _____
Number : _____

Learn today,
use tomorrow,
achieve
something
amazing!



Be **confident**, be **yourself**, and enjoy the journey
of learning **English**!



WORKSHEETS

LEARNING GOALS



LEARNING OUTCOMES

After completing this worksheet, students are expected to:

- 1 Identify vocabulary about hobbies and daily activities.
- 2 Understand information in simple texts about identity.
- 3 Complete sentences using the appropriate vocabulary.
- 4 Determine whether statements are true or false based on a text.
- 5 Write personal information using simple sentences.
- 6 Write a short paragraph (5–6 sentences) about themselves using the Simple Present Tense correctly.



LEARNING CONTENT



Introducing
Myself



Daily
Activities



Hobbies



CORE COMPETENCIES (KI)

- KI-1 Spiritual Attitude**
Appreciate and live the teachings of the religion they embrace.
- KI-2 Social Attitude**
Demonstrate honest, disciplined, responsible, caring, polite, confident, and proactive behavior in interacting with the social environment.
- KI-3 Knowledge**
Understand factual, conceptual, and procedural knowledge about English through observing, questioning, and experimenting in daily life contexts.
- KI-4 Skills**
Process, present, and reason in concrete contexts using simple English appropriate to daily life situations.



BASIC COMPETENCIES (KD)

KNOWLEDGE COMPETENCIES (3)

- 3.2** Identify the social function, text structure, and language features of simple interaction texts about self-identity, daily activities, and hobbies.
- 3.3** Understand simple vocabulary and expressions related to daily activities, hobbies, and self-identity.
- 3.5** Understand the meaning of simple descriptive texts about a person by paying attention to specific details and general meaning.

SKILLS COMPETENCIES (4)

- 4.2** Compose simple sentences to introduce oneself and explain daily activities orally and in writing.
- 4.3** Use simple vocabulary and expressions accurately to complete sentences and answer questions.
- 4.5** Write a simple descriptive text about yourself using appropriate vocabulary, grammar, and spelling.



WORKSHEET PARTS

PART A



Vocabulary
Practice

PART B



Matching
Picture and Word

PART C



Fill in the
Blanks

PART D



Reading
Comprehension

PART E



About
Myself

PART F



Writing About
Myself

Part A. Multiple Choice

Choose the correct answer!

1. My name is Rina. I am 12 years old. This is my _____.

- a. hobby
- b. name
- c. activity
- d. school

2. I like reading books in my free time. Reading is my _____.

- a. hobby
- b. family
- c. feeling
- d. place

3. Which activity is a hobby?

- a. Sleeping in class
- b. Reading books
- c. Taking a test
- d. Cleaning the board

4. I usually _____ at 6 a.m.

- a. wake up
- b. dancing
- c. reading
- d. cycling

5. Which sentence is correct?

- a. I likes dancing.
- b. I am like dancing.
- c. I like dancing.
- d. I liking dancing.

Part B. Match the Words

Match the hobby with the picture/activity.

1

Reading



2

Cycling



3

Dancing



4

Skateboarding



5

Drawing



A



B



C



D



E



★ Part C. Fill in the Blanks ★

Complete the sentences using the words in the box.

reading - cycling - studying - drawing - playing

1



My hobby is pictures.

2



Every evening, I am for tomorrow's lesson.

3



I enjoy books in the library.

4



On Sundays, I go with my friends.

5



I like games after school.

Part D. True or False

Read the text.



Hello! My name is Dika. I am 13 years old.

My hobby is reading books.

Every morning, I wake up at 5 a.m.

I go to school at 7 a.m.

After school, I study and help my parents at home.

Write True (T) or False (F).

1



Dika is 13 years old.

T

F

2



His hobby is dancing.

T

F

3



He wakes up at 5 a.m.

T

F

4



He goes to school at 7 a.m.

T

F

5



After school, he only plays games.

T

F

Part E. About Me

Complete the information about yourself.

1. My name is _____.
2. I am _____ years old.
3. I am a student of Class _____.
4. My hobby is _____.
5. My favorite daily activity is _____.

Part F. Writing

Write 5–6 sentences about yourself.

Example:



Hello, my name is Rani. I am 12 years old.

I am a student. My hobby is reading books.

I usually study in the evening.

I like helping my parents at home.

Your turn:

1

2

3

4

5

6

