

Emergency Safety Procedures

Instructions for Earthquake Emergency Drill

Name: _____

Section: _____

Date: _____

Activity 1: Picture–Caption Matching — Fire Evacuation Procedures

Directions: Look at the six pictures carefully and read each caption and decide which picture it describes. Write the matching picture letter (A–F) in the box next to each caption.

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Stay away from windows, glass doors, mirrors, and external walls of buildings. The shaking can cause glass to shatter violently and exterior walls to collapse outward. Seek shelter in the most structural part of the building, away from potential falling glass or facade materials.

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Remain at the safe assembly point. Continue monitoring official updates. Be prepared for strong aftershocks, which are smaller earthquakes that occur after the main tremor. Avoid entering any damaged buildings or areas until they have been officially inspected and declared safe by emergency authorities.

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Once the powerful shaking concludes, check yourself and others for injuries. Put on sturdy shoes and gather your emergency kits. Calmly evacuate the building using the designated stairs (never use elevators). Follow signs and instructions to reach a safe, pre-established assembly point outdoors in an open area.

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Safely secure all tall furniture, shelving units, and heavy appliances to the walls using proper brackets and straps. Assemble a comprehensive emergency kit with essential items like water, food, first aid supplies, flashlights, and blankets for your entire family. Practice earthquake drills together.

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When safe outdoors, use your phone only for essential text messages to contact family and friends, reporting your safety and location. Avoid unnecessary calls to keep lines clear for emergency services. Listen to a battery-powered radio or monitor official alerts for crucial safety instructions and news.

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As soon as you feel the earthquake shaking, drop to your knees and hands. Cover your head and neck by crawling under a sturdy table, desk, or furniture. Hold on firmly to the table leg and stay put until the shaking stops, shielding yourself from falling objects.