

Worksheet

Have you ever wondered whether true beauty comes from natural features or modern medical procedures? Choose the correct word to complete the essay.

realistic - *In my opinion* - *insecure*
represent - *however*

Plastic surgery and natural beauty _____ two different views of appearance. Natural beauty celebrates individuality, self-acceptance, and the features we are born with. It often reflects confidence, health, and inner peace.

Many people believe that embracing natural beauty promotes _____ standards and reduces social pressure.

Plastic surgery, _____, offers people the opportunity to change features they feel _____ about. For some, it improves self-esteem or corrects medical issues. Yet, when driven only by trends or comparison, it can create unrealistic expectations.

_____, beauty should start with self-love. Plastic surgery can be a personal choice, but true attractiveness comes from confidence, character, and accepting oneself.

Choose the correct word to complete the email.

normal - *aspect* - *Best regards,* - *glad*
updated - *encourages* - *best*

Hello Josie,

I'm _____ to hear that you've had an exciting first week back at school. You've told me you've concerns with French language.

It's completely _____ to find French challenging, especially with all the grammar rules and new vocabulary. However, it's great to hear that Miss Brown is supportive and _____ you to communicate, even if your pronunciation isn't perfect. This is an important _____ of language learning, and it's wonderful that you're trying your _____ under the supervision of a great tutor.

Please keep me _____ on your French progress and any other news you'd like to share.

I'm here to support you in any way I can .

Hanna