BỘ GIÁO DỤC VÀ ĐÀO TẠO TRƯỜNG ĐẠI HỌC SƯ PHẠM HÀ NỘI	KÌ THI TUYỂN SINH VÀO LỚP 10 TRƯỜNG THCS & THPT NGUYỄN TẤT THÀNH NĂM HỌC 2025 – 2026 Môn thi: TIẾNG ANH
ĐỀ THI THAM KHẢO *(Đề thi gồm 04 trang)*	**Thời gian làm bài: 60 phút (không kể thời gian phát đề)** **Mã đề: 108**

PHẦN TRẮC NGHIỆM

(Lưu ý: Thí sinh làm bài trên phiếu trả lời trắc nghiệm)

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 1. _____ sun is one of the most important sources of energy on Earth.

A. The B. An C. A D. No article

Question 2. We usually gather in the cafeteria _____ lunchtime to chat and relax before returning to our afternoon classes.

A. in B. on C. at D. with

Question 3. The government organizes campaigns to _____ people to use public transportation.

A. threaten B. encourage C. challenge D. force

Question 4. _____ new languages opens up many opportunities for personal growth.

A. Learnt B. Learning C. Learn D. To learning

Question 5. My grandmother is looking after us because my mum is away on a business _____.

A. way B. journey C. travel D. trip

Question 6. After running for 30 minutes, I was a bit _____ and had to take a break.

A. excited B. tired C. optimistic D. relaxed

Question 7. Online learning is often _____ than traditional classes because students can study at their own pace.

A. convenient B. the most convenient C. more convenient D. as convenient

Question 8. _____ refers to the cutting down of trees and forests, usually to make space for farming or urban development.

A. Pollution B. Ice-melting C. Deforestation D. Littering

Question 9. This is a cheap and simple process. _____, there are some dangers.

A. In addition B. However C. Therefore D. As a result

Question 10. My train _____ at 11.30, so I need to be at the station by 11.15.

A. leaves B. is leaving C. will leave D. is going to leave

Question 11. I have two brothers, both of _____ want to become pilots in the future.

A. who B. them C. that D. whom

Question 12. To improve my speaking skill in English, I am using _____ apps.

A. a few B. few C. little D. a little

Question 13. It's important to find a good _____ between work and personal life to stay healthy and happy.

A. decision B. balance C. reason D. success

Question 14. During the summer break, I decided to _____ painting as a way to relax and be creative.

A. take up B. turn down C. put off D. look after

Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.

FriendZone Club

FriendZone Club announced today that they will (15) _____ a new Friendship Hub in the center of the city by the end of this year. Sarah Nguyen, a club coordinator, said they hope to build stronger communities and (16) _____ loneliness among young people. Volunteers have shared their excitement about working at the club. Up to 2,000 students will make new friends and enjoy social activities if the club (17) _____ with their plan.

Question 15. A. close B. remain C. open D. ban

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Question 16. A. reduce B. reducing C. reduced D. to reduce
Question 17. A. is changing B. changed C. will change D. changes

Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.

Dear User721,

We received your email this morning. In your email, you (18) _____ a password reminder for your Facebook account. As it is impossible for us to get your original password back, we have generated a new one. Your new password is Ran721. Please use this password to (19) _____ Facebook next time. Then, you can change your password if you wish. Note that this is an (20) _____ generated email. Please do not reply.

Best wishes,

Facebook Support Team

Question 18. A. asked B. requested C. questioned D. wondered
Question 19. A. log in B. set up C. break into D. turn off
Question 20. A. automatic B. automatically C. automated D. automate

Mark the letter A, B, C or D on your answer sheet to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.

Question 21. As artificial intelligence continues to replace human workers, many fear they could soon find themselves **on the dole**.

A. moneyless B. homeless C. jobless D. useless

Question 22. Online learning platforms have **considerably** improved access to education for students in remote areas. Students can now join classes from home with just an internet connection.

A. thoughtfully B. significantly C. moderately D. slightly

Mark the letter A, B, C or D on your answer sheet to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.

Question 23. The football match was rescheduled because of the **adverse** weather conditions.

A. favorable B. bad C. frequent D. severe

Question 24. The team of firefighters was praised for having managed to **put out** a massive fire in record time, saving dozens of homes and many lives.

A. repaired B. controlled C. stopped D. started

Questions 25–29. Read the passage below and choose the best answer to fill each gap.

Healthy living habits are important for everyone. To live a healthy life, you should eat a balanced diet. This means (25) _____ fruits, vegetables, whole grains, and proteins. Try to avoid too much sugar and junk food. Drinking enough water is also essential. Aim for at least eight (26) _____ a day to stay hydrated.

Exercise is another key part of healthy living. You don't need to go to the gym every day. Simple (27) _____ like walking, cycling, or dancing can be fun and good for your body. Aim for at least 30 minutes of exercise most days of the week.

(28) _____ enough sleep is very important too. Try to sleep for 7 to 9 hours each night. Good sleep helps your body recover and keeps your mind (29) _____.

Finally, remember to manage stress. You can do this by spending time with friends, practicing hobbies, or trying relaxation techniques like meditation. These habits can help you feel better and live a happier life!

Question 25. A. eat B. to eat C. eating D. eaten
Question 26. A. buckets B. vases C. bars D. glasses
Question 27. A. activities B. materials C. advantages D. programs
Question 28. A. Doing B. Getting C. Giving D. Making
Question 29. A. sharp B. heavy C. high D. bold

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Questions 30–35. Read the passage below and choose the best answer to each question.

The countryside of Britain is well known for its beauty and many contrasts: its bare mountains and moorland, its lakes, rivers and woods, and its long, often wild coastline. Many of the most beautiful areas are national parks and are protected from development. When British people think of the countryside, they think of farmland, as well as open spaces. Most farmland is privately owned but is crossed by a network of public footpaths.

Many people associate the countryside with peace and relaxation. They spend their free time walking or cycling there, or go to the country for a picnic or a pub lunch. In summer, people go to fruit farms and pick strawberries and other fruits.

The countryside faces many threats. Some are associated with modern farming practices, and the use of chemicals harmful to plants and wildlife. Land is also needed for new houses. The green belt, an area of land around many cities, is under increasing pressure. Plans to build new roads are strongly opposed by organizations trying to protect the countryside. Protesters set up camps to prevent, or delay, the building work.

[I] America has many areas of wild and beautiful scenery, and there are many areas, especially in the West in states, where few people live. In the New England states, it is common to see small farms surrounded by hills and green areas. **[II]** In Ohio, Indiana, Illinois and other Midwestern states, fields of corn or wheat reach the horizon and there are many miles between towns.

Only about 20% of Americans live outside cities and towns. **[III]** Services like hospitals and schools may be further away and going shopping can mean driving long distances. **[IV]** Some people even have to drive from their homes to the main road where their mail is left in a box. In spite of the disadvantages, many people who live in the country say that they like the safe, clean, attractive environment.

Question 30. It can be inferred from paragraph 1 that in the countryside of Britain _____.

A. none of the areas faces the sea
B. only a few farms are publicly owned
C. most beautiful areas are not well-preserved
D. it is difficult to travel from one farm to another

Question 31. Which sentence best paraphrases the underlined sentence in paragraph 2?

A. A lot of individuals connect rural areas with calmness and leisure.
B. Most people think of the city as a place of peace and relaxation.
C. Many people believe that the countryside is noisy and stressful.
D. Few individuals find tranquility in rural settings.

Question 32. Which of the following threatens the countryside in Britain?

A. Protests against the building work
B. Modern farming practices
C. Plants and wildlife
D. The green belt around cities

Question 33. According to the passage, all of the following are true EXCEPT that _____.

A. the use of chemicals harms the environment of the countryside
B. camps are set up by protesters to stop the construction work
C. the green belt is under pressure because of the need for land
D. all organizations strongly oppose plans for road construction

Question 34. Where should the following sentence be placed in the passage?

Life may be difficult for people who live in the country.

A. [I]
B. [II]
C. [III]
D. [IV]

Question 35. What is the main idea of the passage?

A. The countryside is beautiful but faces many challenges.
B. Most people in the countryside work on farms and enjoy life.
C. Living in the countryside is easy and convenient for everyone.
D. The countryside is only a place for tourists to visit occasionally.

PHẦN TỰ LUẬN

(Lưu ý: Thí sinh làm bài trên phiếu trả lời tự luận)

Questions 36–39. Give the correct form of the words in the brackets.

Question 36. Garbage (COLLECT) _____ don't accept a used computer as trash.

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Question 37. NTT students are always encouraged to (ACT) _____ participate in culture exchange programs and science project competitions.

Question 38. Each person in a community has his or her own way of thinking, so differences are (AVOID) _____.

Question 39. You should never try to fix a broken machine without (CONNECT) _____ it from the electricity supply.

Question 40. The view from the top floor of this building is absolutely _____ . (FASCINATE)

Questions 41–45. Rewrite the following sentences using the words in CAPITAL. Use between 2 and 5 words. Do not change the original meanings.

Question 41. Last year the heavy rain caused the postponement of the tennis tournament. **BECAUSE**

Last year the tennis tournament _____ _____ so heavily.

Question 42. Anna got the job even though she did not have much experience in public relations. **SPITE**

Anna got the job _____ much experience in public relations.

Question 43. The young workers are demolishing the old bus station. **DEMOLISHED**

The old _____ _____ by the young workers.

Question 44. The effectiveness of AI technology means that students exploit it to improve their study. **ADVANTAGE**

AI technology is so _____ _____ of it to improve their study.

Question 45. We decided we wouldn't go with him to the airport after all. **SEE**

We decided not to _____ airport after all.

Questions 46–50. Write a paragraph of about **120 words** to answer the following question:

What can students do to help preserve Vietnamese traditions?

_____

_____

_____

_____

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_____

THE END

Thí sinh không được sử dụng tài liệu. Cán bộ coi thi không giải thích gì thêm.

Họ và tên thí sinh: _____

Số báo danh: _____

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