

READING: SENTENCE COMPLETION

10 Read about the daily routine of a student at a UK university. Complete the information using the verbs in brackets in the correct form.

Dan **usually** 1 _____ (get up) at 8am, 2 _____ (have) a shower and 3 _____ (eat) breakfast. After that, he **always** 4 _____ (get) his books ready and then 5 _____ (go) to his lectures until midday. He **usually** 6 _____ (return) home and 7 _____ (make) lunch for himself at about 12:30pm. Then, he **sometimes** 8 _____ (watch) a bit of TV. At about 3pm, he **often** 9 _____ (meet) a friend for coffee. At 3:30pm, they **sometimes** 10 _____ (go) to the library together. Dan **always** 11 _____ (study) for a few hours and then at around 6:30pm he 12 _____ (go) home. He **usually** 13 _____ (cook) dinner for himself and his flat mates. In the evening, he **sometimes** 14 _____ (exercise) at the gym or goes for a run. After that, he relaxes in front of the TV or 15 _____ (see) his friends. He **never** goes to bed early, but **usually** 16 _____ (fall) asleep at around midnight.

WRITING: DESCRIBING A DAILY ROUTINE

11 Look again at the information in Exercise 10. Write about your daily routine and the activities you do every day.

I sometimes do the laundry. I never make dinner. My brother often takes out the bins.

TIP 11

Look at the highlighted words in Exercise 10 to see how often Dan does his activities. Remember to use these words when describing your routine.

READING: MATCHING

12 Read the text and match the phrases that have similar meanings.

I often help a lot around the house and I usually help my mum do the laundry. My brother is lazy and he never washes his clothes. He always leaves them in a pile on his bedroom floor. In the evening after school, I always tidy up my room. I put things away and get my schoolbag ready for the next day. My dad sometimes washes up after dinner. We don't have a dishwasher at the moment because our old one broke down, so he has to clean the dishes by himself. My sister likes cooking, so she often helps mum make lunch and dinner. She prepared a delicious meal of roast chicken at the weekend. Sometimes my brother puts the rubbish out, but he usually just leaves it by the back door instead of taking it to the bins. We all usually try and help and do the cleaning. When the housework is done, we always relax and watch TV.

- | | |
|-----------------------|---------------------|
| 1 do the laundry | A take out the bins |
| 2 tidy up | B prepare a meal |
| 3 wash up | C wash the clothes |
| 4 make lunch/dinner | D put things away |
| 5 put the rubbish out | E do the housework |
| 6 do the cleaning | F clean the dishes |

WRITING: A DESCRIPTION

13 ▶ Look at the pictures of Julia Grant, a volunteer on a science project. Using the pictures, write a description of Julia's daily routine. In your description, you should:

- begin like this: *Julia Grant is 21 years old and works as a volunteer on a science project in Fiji. Every morning, she ...*
- write what activities she does and what time she does them.
- use sequencing words: *After that ... /Next ... /Then ...*
- use adverbs of frequency.



14 ▶ In pairs, compare your texts about Julia Grant. Work together to correct any mistakes with spelling, grammar or punctuation.

LISTENING: MATCHING

- 15** ▶ Read the information from a website offering student exchange programmes. Decide if the sentences are true (T) or false (F).

Spend a term or a whole year in another country

Stay with a host family and go to a local college. Learn all about the culture, and maybe learn a new language. Make new friends and have a great time. You need to pay for flights and take some pocket money, but that's all. Host families are not paid. All they ask is that you help with jobs around the house and join in with family activities.

Go to student_exchange.com and explore our website to learn more!

STUDENT EXCHANGE

15.1 MINI TIP How long does a term normally last at school? It's less than a year.

15.2 MINI TIP What should students bring with them?

15.3 MINI TIP What does 'join in with' mean?

- | | |
|--|-----|
| 1 All students spend at least a year abroad. | T F |
| 2 Host families give students pocket money during their stay. | T F |
| 3 Students should do housework and be involved with family activities. | T F |

- 16** ▶ You are going to listen to two friends, Carlos and Jack, talking about a student exchange trip. Listen and decide which countries Carlos and Jack come from.

02

- 17** ▶ Listen again. What activity does each member of Jack's family like doing? For questions 1–5, write a letter A–H next to each person.

02

Person		Activity
0 Jack	<u> H </u>	A cooking
1 Jack's brother	<u> </u>	B going to the gym
2 Jack's sister	<u> </u>	C taking care of the garden
3 Jack's mum	<u> </u>	D doing art
4 Jack's dad	<u> </u>	E repairing things
5 Jack's grandmother	<u> </u>	F reading books
		G shopping
		H playing team sports

17.0 MINI TIP Jack says he likes volleyball and basketball, so the answer to this question is 'team sports'. Notice that the answer does not always contain the words you hear, but the meaning is the same.

17.1 MINI TIP Be careful! You hear something about the gym, but it isn't the correct answer here.

17.4 MINI TIP Pay attention for words with similar meanings. What's a similar word to 'fixing'?

- 18** ▶ In pairs or small groups, talk about the student exchange trip in Exercise 17 and ask and answer the questions.

- Would you like to go to another country to study?
- If no, why not? If yes, which country would you go to?
- What do you like doing at home? What do your friends and members of your family do?

SPEAKING: TALKING ABOUT YOUR DAY

- 19** ▶ Read the task. What would you say? Spend two minutes thinking about what you could say and make some notes. In pairs, compare your ideas.

Describe what you usually do on an average day.

You should say:

- what you do.
- who you do it with.
- where you do it.

Explain what you enjoy most about your day and why.

- 20** ▶ Read the instructions and complete the task in Exercise 19.

- Work in pairs.
- Student A: speak for 1–2 minutes about your day.
- Student B: as you listen, write *yes* or *no* beside sentences 1–6.

- 1 The talk is easy to understand. _____
- 2 The speaker often pauses. _____
- 3 The speaker stays on the topic of the question. _____
- 4 The talk is too long. _____
- 5 The talk is too short. _____
- 6 The talk is interesting. _____

- 21** ▶ Swap roles and repeat the steps in Exercise 20. Compare your feedback with each other and discuss how you can improve.

TIP 19

You should write only short words or phrases. If you write full sentences and then read them out, you will lose marks.

TIP 19

The first three points are factual. Don't worry if you can't think of anything to say that is true – you can invent something if you need to.