NAME: _____NO._____ M.4/__

MAIN IDEA

Instructions: Read each passage and choose the best answer for the main idea.

Part1: Multiple Choices

Passage: 1

"Many teenagers believe that staying up late to study for a big test is the best way to get good grades. However, science shows that sleep deprivation actually hinders academic performance. When students do not get enough rest, their brains struggle to focus, process information, and recall facts. A well-rested mind is far more efficient during an exam than a tired one that spent the whole night cramming."

What is the main idea of this passage?

A. Teenagers should study harder during the daytime.

B. Lack of sleep negatively impacts a student's exam performance.

C. Cramming is the most popular study method among Grade 10 students.

D. Human brains need exactly eight hours of sleep every night.

Passage: 2

"Before the invention of modern refrigeration, keeping food fresh was a major challenge. People had to rely on traditional preservation methods to survive during long winters or hot summers. In coastal areas, drying fish in the sun and heavily salting meat were common practices to prevent spoiling. In colder regions, individuals built icehouses underground to store blocks of ice. These creative techniques allowed early societies to store food for months."

What is the main idea of this passage?

A. Traditional food preservation was difficult and often failed.

B. Salt and sun-drying were the only ways to preserve meat.

C. Modern refrigeration has completely eliminated food spoilage.

D. Early societies used various creative methods to preserve food without refrigerators.

Passage: 3

"While self-driving cars sound like a futuristic concept, they are rapidly becoming a reality on our roads. Supporters argue that autonomous vehicles can significantly reduce traffic accidents caused by human errors, such as distracted driving or speeding. Additionally, these vehicles could provide independent transportation for the elderly and disabled. Although some safety concerns remain, autonomous technology has the potential to make transportation safer and more accessible."

What is the main idea of this passage?

A. Self-driving cars will completely replace human drivers by next year.

B. Human errors like speeding are the main causes of traffic accidents.

C. Autonomous vehicles offer major benefits for safety and accessibility despite remaining concerns.

D. Disabled individuals are the only people who will benefit from new car technology.

LIVEWORKSHEETS

NAME: _____NO._____ M.4/___

MAIN IDEA

Instructions: Read each passage and choose the best answer for the main idea.

Part1: Multiple Choices

Passage: 4

"Monet, Renoir, and Degas were leaders of a famous art movement known as Impressionism, which began in France during the 19th century. Instead of painting realistic details, these artists focused on capturing the effects of light and color in a specific moment. They often painted outdoors using short, quick brushstrokes to depict everyday scenes like landscapes and streets. Their unique approach changed the art world forever, paving the way for modern art."

What is the main idea of this passage?

A. Impressionist artists painted everyday scenes using a unique focus on light and color.

B. Monet was the most talented painter in 19th-century France.

C. Realistic paintings are less valuable than modern Impressionist art.

D. Painting outdoors is the best way to capture landscapes accurately.

Passage: 5

"Coral reefs are often called the "rainforests of the sea" because they support an incredible amount of biodiversity. Although they cover less than one percent of the ocean floor, reefs provide shelter and food for over 25 percent of all marine life. Fish, crabs, sea turtles, and sharks depend on these fragile ecosystems for survival. Protecting coral reefs is essential, as their destruction would lead to the collapse of many ocean species."

What is the main idea of this passage?

A. Rainforests and coral reefs have the exact same ecosystems.

B. Marine life like sharks and turtles can live anywhere in the ocean.

C. Coral reefs are vital ecosystems that support a huge variety of marine life.

D. Over fishing is the primary reason why coral reefs are being destroyed.

Passage: 6

"Learning a second language offers significant cognitive advantages that go beyond just communication. Studies show that bilingual individuals often have better problem-solving skills and higher creativity than those who speak only one language. Managing two languages forces the brain to exercise its executive functions, which improves memory and mental flexibility. Therefore, being bilingual helps keep the brain sharp and adaptable as a person ages."

What is the main idea of this passage?

A. Speaking two languages helps a person travel more easily.

B. Bilingualism provides important cognitive benefits and improves brain function.

C. Creative people are naturally better at learning new languages.

D. Memory loss in old age can be completely cured by studying English.

LIVEWORKSHEETS

Passage: 7

"E-books have gained massive popularity, but many readers still prefer traditional printed books. For these individuals, the physical experience of holding a book, turning the paper pages, and smelling the print cannot be replaced by a digital screen. Printed books also do not require battery power or cause eye strain from blue light. Furthermore, many book lovers enjoy collecting physical copies to display on their bookshelves at home.."

What is the main idea of this passage?

A. E-books are less popular than they were five years ago.

B. Turning paper pages is the only way to fully understand a story.

C. Digital screens cause permanent damage to a reader's eyes.

D. Traditional printed books remain appealing to many readers for several reasons.

Passage: 8

"Mangrove forests, found along tropical coastlines, serve as a critical defense system against natural disasters. The dense, complex root systems of mangrove trees trap sediments and slow down heavy waves, reducing coastal erosion during severe storms. These forests also act as a buffer zone that protects inland villages from dangerous flooding and tsunamis. Destroying mangroves for coastal development leaves human communities vulnerable to nature's power."

What is the main idea of this passage?

A. Tropical coastlines are the most dangerous places to live due to storms.

B. Mangrove forests play a crucial role in protecting coastlines and communities from natural disasters.

C. Inland villages are responsible for the destruction of mangrove root systems.

D. Coastal development is more important than preserving wild forests.

Passage: 9

"Many people view failure as a completely negative experience, but it is actually a necessary stepping stone to success. When we fail, we are forced to analyze our mistakes and find alternative solutions. This process builds resilience, teaches valuable lessons, and encourages critical thinking. Historical figures like Thomas Edison failed thousands of times before achieving greatness, proving that mistakes are essential for growth."

What is the main idea of this passage?

A. Thomas Edison was the only historical figure who learned from his mistakes.

B. Failure is a valuable and necessary part of achieving personal growth and success.

C. People who never fail will always become successful very quickly.

D. Analyzing mistakes is a waste of time compared to trying again immediately.

Passage: 10

"With the rise of fast fashion, clothing has become cheaper and more disposable, creating a massive waste problem. Brands now produce dozens of new collections each year, encouraging consumers to buy cheap clothes and discard them after only a few wears. Most of these garments are made from synthetic materials that do not easily decompose, leading to overflowing landfills and heavy pollution. To protect the planet, consumers must shift toward sustainable fashion choices."

What is the main idea of this passage?

A. Synthetic materials are cheaper to produce than natural cotton.

B. Fast fashion has led to serious environmental waste and pollution issues.

C. Landfills are full because people buy too many expensive clothes.

D. Fast fashion brands should stop selling clothes to teenagers.

LIVEWORKSHEETS

NAME: _____NO._____ M.4/___

MAIN IDEA

Instructions: Read each passage, identify the Topic (1-3 words), and write the Main Idea in your own words (1 complete sentence).

Part2: Short Answer Questions

Passage: 11

"The invention of the printing press by Johannes Gutenberg in the 15th century completely revolutionized education. Before this invention, books had to be copied by hand, making them rare and expensive items that only the wealthy could afford. The printing press allowed thousands of books to be produced quickly and cheaply. As a result, literacy rates soared, and knowledge became accessible to ordinary people for the first time in history."

Topic:_____

Main idea:_____

_____

Passage: 12

"While bamboo looks like a typical tree, it is actually a type of giant grass that possesses amazing qualities. It is recognized as the fastest-growing plant on Earth, with some species growing up to three feet in a single day. Bamboo is also incredibly strong and flexible, making it an excellent, sustainable material for building houses, furniture, and flooring. Because it regrows rapidly after harvesting without needing replanting, it is highly environmentally friendly."

Topic:_____

Main idea:_____

_____

Passage: 13

"Social media platforms can connect us with friends, but using them excessively can lead to feelings of loneliness and isolation. Many users constantly compare their real lives to the perfect, curated photos that others post online, making them feel inadequate. Spending hours scrolling through feeds also replaces valuable face-to-face interactions with family and peers. Relying too much on digital validation often harms a person's emotional health and real-world relationships."

Topic:_____

Main idea:_____

_____

Passage: 14

"The polar bear is uniquely adapted to survive in the freezing temperatures of the Arctic environment. Underneath its thick fur, the bear has a thick layer of blubber that keeps it warm in icy waters. Its fur is not actually white, but translucent, reflecting light to blend in with the snow and hide from prey. Additionally, polar bears have large, webbed paws that act like paddles, allowing them to swim long distances across the freezing ocean."

Topic:_____

Main idea:_____

_____

LIVEWORKSHEETS

NAME: _____NO._____ M.4/__

MAIN IDEA

Instructions: Read each passage, identify the Topic (1-3 words), and write the Main Idea in your own words (1 complete sentence).

Part2: Short Answer Questions

Passage: 15

"Staying hydrated by drinking enough water every day is fundamental to maintaining a healthy body. Water makes up about 60 percent of the human body and is required for essential functions like regulating temperature and flushing out waste. Dehydration, even in mild forms, can cause headaches, extreme fatigue, and poor concentration. Making sure to drink water throughout the day ensures that your organs function at their best."

Topic:_____

Main idea:_____

_____

Passage: 16

"Public libraries are changing to meet the needs of the modern digital age, proving they are still highly relevant. Today, libraries offer much more than just shelves of physical books. They provide free access to high-speed internet, computers, and digital databases for research. Many libraries have also transformed into community hubs, offering free coding workshops, language classes, and quiet spaces for students to collaborate on school projects."

Topic:_____

Main idea:_____

_____

Passage: 17

"Although tourism brings economic growth to many countries, it can also cause serious harm to local cultures. When a destination becomes overcrowded, traditional customs are often commercialized or changed to entertain foreign visitors. Local shops and authentic restaurants may be replaced by international chains to satisfy tourists' tastes. Over time, the unique identity and cultural heritage of the local community can be weakened or lost completely."

Topic:_____

Main idea:_____

_____

Passage: 18

"Electric vehicles (EVs) are growing in popularity, but several challenges must be resolved before they can completely replace gasoline-powered cars. The most significant issue is the lack of public charging stations, especially in rural areas, which causes "range anxiety" for drivers on long trips. EV batteries are also expensive to manufacture and require mining for rare metals, which creates different environmental concerns. Furthermore, charging an EV takes much longer than filling a car with gasoline."

Topic:_____

Main idea:_____

_____

LIVEWORKSHEETS

NAME: _____NO._____ M.4/___

MAIN IDEA

Instructions: Read each passage, identify the Topic (1-3 words), and write the Main Idea in your own words (1 complete sentence).

Part2: Short Answer Questions

Passage: 19

"The ancient Olympic Games, which began in Greece around 776 BCE, were more than just an athletic competition; they held great cultural and religious importance. The games were held every four years in honor of Zeus, the king of the Greek gods. During the festival, an official truce was declared across Greece, halting all wars so that athletes and spectators could travel safely to the event. Winning an Olympic event brought immense glory and status to the athlete's home city."

Topic:_____

Main idea:_____

_____

Passage: 20

"While fast food is convenient and tasty, consuming it regularly poses serious long-term risks to human health. Fast food meals are typically packed with high amounts of sodium, unhealthy saturated fats, and added sugars. Eating these foods frequently can lead to weight gain and significantly increases the danger of developing chronic conditions like heart disease and type 2 diabetes. Choosing whole, fresh foods is a much safer option for long-term well-being."

Topic:_____

Main idea:_____

_____

Read Me

Topic: The general subject of the text (usually 1-3 words).

Main Idea: The specific message or the most important point.

Supporting Details: The facts, examples, or evidence that prove, explain, or support the main idea.

What do you want to tell me?

To T.Cookie

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LIVEWORKSHEETS