WOMEN *Who Changed* HISTORY

Representation changes possibilities.

Name: _____

Course: _____

Date: _____

Read about these amazing women. They broke barriers and inspired the world!

A MARTA VIEIRA DA SILVA

FOOTBALL PLAYER

Marta was born in Brazil in 1986. She was a football player. She played in many World Cups (2003, 2007, 2011, 2015 and 2019). She grew up in a small town called Dois Riachos. She scored many goals and became one of the best players in history. She inspired millions of girls.

B SARINA WIEGMAN

COACH

Sarina Wiegman was born in the Netherlands in 1969. She played football when she was young. Later, she became a coach. She worked with different teams and in 2017 she became the coach of the Netherlands women's national team. In 2022, she won the UEFA Women's EURO with England. She is a great leader!

C STÉPHANIE FRAPPART

REFEREE

Stéphanie Frappart was born in France in 1983. She loved football from a young age. She became a referee and worked hard to reach the top. She was the first woman to referee a men's match in France's top division. She also refereed matches in the Women's World Cup and the UEFA Super Cup.

D ALEX MORGAN

FOOTBALL PLAYER

Alex Morgan was born in the United States in 1989. She started playing football when she was 14 years old. She played in the Women's World Cup in 2011 and 2015. She scored important goals and helped her team win. She is also a strong voice for equality in sports.

E SAM KERR

CAPTAIN & FORWARD

Sam Kerr was born in Australia in 1993. She started playing football when she was very young. She played in the Women's World Cup 2019 and 2023. She became the captain of the Australian national team. She is known for her speed, skills and leadership.

1 SKIMMING – MATCHING

Read quickly and match each woman (A–E) with her profession.

A Marta	1. Referee
B Sarina Wiegman	2 Coach
C Stéphanie Frappart	3 Football Player
D Alex Morgan	4 Captain / Forward
E Sam Kerr	5 Football Player

2 COMPLETE THE CHART

Read the texts again and complete the table.

Name	Was born in (where?)	Age (today)	Grew up (where?)	Nationality	Profession
A Marta Vieira da Silva					
B Sarina Wiegman					
C Stéphanie Frappart					
D Alex Morgan					
E Sam Kerr					

3 TRUE OR FALSE? JUSTIFY YOUR ANSWER.

Read the sentences. Write T (True) or F (False) and justify with information from the text.

1. Marta was born in Argentina. T F Justify: _____
2. Sarina became a coach. T F Justify: _____
3. Stéphanie Frappart never played football. T F Justify: _____
4. Alex Morgan played in the 2011 World Cup. T F Justify: _____
5. Sam Kerr is the captain of Australia. T F Justify: _____

4 WHO DOES THIS REFER TO?

Read the clues and write the correct name (A–E).

1. She liked making many friends and playing football with other children. _____
2. She became a coach and won a big championship with England. _____
3. She was the first woman to refreee a men's match in her country. _____
4. She scored important goals in two World Cups. _____
5. She is known for her speed and leadership. _____

5 THINK & REFLECT

Discuss with your partner.

- What do these women have in common?
- Why are they important?
- Which woman inspires you the most? Why?
- Can women and men do the same jobs in sports?
- How can we support girls in sports?

USEFUL VOCABULARY

was / were
(born / interested / played / became / worked / scored / helped / inspired / grew up)

play – played
become – became
win – won
inspire – inspired
help – helped

EXTRA CHALLENGE!

Choose one of these women and write a short paragraph (5–6 sentences) about her. Include: where she was born, what she did, what she achieved and how she inspired others.

_____

_____

_____

ONE GAME. ONE TEAM. EQUAL FUTURE.

#WePlayStrong

LIVEWORKSHEETS