



# Past simple/continuous

PAST SIMPLE
<b>We use it for:</b> <ul style="list-style-type: none"><li>• Finished actions in the past</li><li>• Actions happened one after another</li><li>• Past habits</li></ul>
<b>How can I form it:</b> <ul style="list-style-type: none"><li>• Regular verbs -- -ed</li><li>• Irregular verbs -- tercer columna</li></ul>

PAST CONTINUOUS
<b>We use it for:</b> <ul style="list-style-type: none"><li>• Actions happening at specific moment in the past</li><li>• Backgrounds actions in stories</li><li>• Interrupted actions</li></ul>
<b>How can I form it:</b> <ul style="list-style-type: none"><li>• Subject + was/were + verb-ing</li></ul>

TIME EXPRESSIONS
<ul style="list-style-type: none"><li>• <b>Past simple:</b> yesterday, last week, last year, ago, in 2024</li><li>• <b>Past continuous:</b> while, when, at 6 p.m., all evening</li></ul>

## EXERCISE 1 – Complete with the PAST SIMPLE

1. Sara \_\_\_\_\_ (visit) her grandparents last weekend.
2. My friends \_\_\_\_\_ (watch) a funny movie yesterday.
3. We \_\_\_\_\_ (play) football after school.
4. The baby \_\_\_\_\_ (cry) all night.
5. Dad \_\_\_\_\_ (cook) pasta for dinner.
6. I \_\_\_\_\_ (go) to the beach last summer.

## EXERCISE 2 – Complete with the PAST CONTINUOUS

1. I \_\_\_\_\_ (do) my homework at 5 p.m.
2. They \_\_\_\_\_ (play) in the garden when it started to rain.
3. She \_\_\_\_\_ (read) a comic while her brother was sleeping.
4. We \_\_\_\_\_ (watch) TV last night.
5. It \_\_\_\_\_ (snow) during the morning.
6. My mum \_\_\_\_\_ (talk) on the phone at that moment

## EXERCISE 3- Read the situations and choose the correct tense: Past Simple or Past Continuous.

1. Tom \_\_\_\_\_ (eat) breakfast when the phone rang.
2. She \_\_\_\_\_ (listen) to music yesterday afternoon.
3. The children \_\_\_\_\_ (sleep) while the teacher was talking.
4. I \_\_\_\_\_ (see) my best friend at the park last Saturday.
5. My dog \_\_\_\_\_ (run) in the garden when it started raining.
6. He \_\_\_\_\_ (finish) his project last night.
7. We \_\_\_\_\_ (walk) home when we saw the rainbow.
8. She \_\_\_\_\_ (study) at 8 o'clock yesterday evening.
9. They \_\_\_\_\_ (play) basketball after school yesterday.
10. The students \_\_\_\_\_ (work) quietly when the headteacher entered the classroom.

