

Name..... Class..... Number.....

1. Complete the sentences below to reflect on your feelings.

I feel happy when

I feel sad when.....

I feel shy when

I feel tired when

I feel angry when

I feel nervous when.....

I feel excited when

2. Read each scenario below and decide how you would feel in each situation.
Then, write the feeling words into the correct box.

You lost your
mom in a store.

You feel hot and
your head hurts.

You lost your
glasses.

You got an A on
your spelling test.

Your dog ran
away from home.

You're going to a
birthday party.

Your friend told
you bad things.

You can have the
toy you want.

