

# How can we use digital devices safely?

## Risks



Don't click on ads.



Ask an adult for help.



**ALIENS  
LAND  
SCHOOL**

Fake news can damage your computer.

## Good Use



Sit with a straight back.



Follow screen time rules.



Visit safe websites.

## Fill in the blanks!

Ask a \_\_\_\_\_ .

Sit with a \_\_\_\_\_ back.

Match the picture to the good choice!

## Is it True or False?

Fake news can hurt my computer:  
True / False  
It's good to watch screens all day:  
Yes / No

Is it good to watch screens all day?

Yes

No

## Which picture shows good posture?

