PASSAGE 1 – Questions 1-10

The Glen Nevis River Race

Glen Nevis is known as the. 'outdoor capital' of Scotland. Britain's highest mountain, Ben Nevis, rises above the area, while the waters of the River Nevis flow through the rocky valley below. The spectacular scenery attracts walkers and climbers all through the seasons, despite the cold weather in winter.

During the summer months, one of the most exciting activities is the annual Glen Nevis River Race, in which competitors uses a lilo, a plastic bed filled with air normally used for camping or floating in the sea, or another kind of beach toy to race along the river. There are rocks, waterfalls and sections with scary names like Dead Dog Pool and the Leg Breaker for them to get through though there are areas of calmer waters too.

Competitors set off at 30 second intervals by jumping with their lilos from a tiny shelf in a rock into the fast-flowing water 12 metres below. It can take anything from 20 minutes to over two hours to complete the course, depending on the level of the river and the abilities of the competitor.

There is much discussion amongst people who take part regularly about which type of lilo works best for the race. Some prefer short wide ones, while others say that a long narrow one is better. But since you can use anything that floats, all kinds of beach toys such as bananas, sharks and crocodiles can be floating down the river.

The only rules are that competitors must be at least 16 years old, and should provide their own crash helmet, a rubber wet suit and a life jacket. Gloves and old trainers are recommended to protect against knocks and bumps. The most important qualification, however, is a sense of fun.

The race is full of exciting moments, and the greatest of these is at the Lower Falls Leap, where terrified competitors have to jump over a ten-metre waterfall not far from the finish. More

1. Visitor come to Glen Nevis to
A. enjoy the cold weather and spectacular scenery
B. practise walking
C. challenge themselves with climbing activities
D. enjoy outdoor activities

2. Parts of the course of the River Race are
A. really typical
B. quite easy to conquer
C. less rough than others
D. really dangerous

3. All competitors are able to
A. begin the race as soon as they are ready
B. finish the course within 20 minutes
C. swim for 12 metres
D. carry out the game based on their own strength

4. Types of lilo used can be
A. restricted to certain ones
B. varied as long as they can float
C. really important
D. divided into two types

5. Competitors must
A. prepare their own safety clothing
B. use safety clothing of the organisers
C. be more than 16 years old
D. use new trainers

6. The Lower Falls Leap
A. is the most frightening part
B. requires competitors to swim over ten metres
C. has been taken by 3,000 athletes
D. is the last challenge

7. Members in the rescue team
A. help raise money
B. receive £30 each
C. work voluntarily
D. are paid professionals

8. Visitors who come to see the race
A. should buy the tickets
B. could donate for some money
C. should be there in the morning
D. are fully charged

9. Certificates of completion is
Multiple choice 9 Question 1
A. given to all people there
B. only given to the winner
C. not really interesting
D. a great encouragement for competitors

LIVEWORKSHEETS

than 3,000 athletes have taken part in the race during its 30-year history. Their £30 entry fee helps to raise money for the mountain rescue team, whose members provide an essential service in the region for free. The race is a popular afternoon out for visitors and it costs nothing to watch, although any money given is gratefully accepted. The prizes may not be fantastic, but everyone receives a certificate of completion and the winner gets the tittle River Race Champion and all agree that it has been worth it for the satisfying feeling of reaching the end safely.	**10. Which of the following is NOT mentioned?** A. Some people return to do the race again and again B. All competitors need to be serious about the race C. Competitors must bring lilos during the race D. The race takes place at Glen Nevis river

LIVEWORKSHEETS