

Hello everyone! Thank you for being here today. I'm Katty Olsen, and I'm a travel content creator. I'm really excited about sharing a topic that has completely shaped my life: travel. Let me start by sharing a little bit about my background. I used to work in a bank. It was a stable job, with a good salary and opportunities to move up in the company. But over time, I realized something was missing. I didn't feel any fulfillment in my daily routine. I kept asking myself, "Is this what I want to do for the rest of my life?" And that's when I had my "ah-ha" moment—I decided to take a break and go on a long backpacking trip through South America. Now, before I continue, let me ask you something: Have you ever taken a trip that completely changed your perspective on life? For me, that first big journey helped me figure out what truly matters to me. So today, I'd like to share with you why I believe that travel isn't just about relaxing on a beach or taking nice pictures for social media—it's a tool for personal growth, learning, and self-discovery. From my perspective, travel has the power to transform who you are. So for the next two or three minutes, I'll address three major reasons why I believe everyone should travel at some point in their lives. Let's start with the first point: Travel changes how you see the world as it shapes your mindset and worldview. When you go on an expedition or join a tour in another country, you begin to understand different cultures, values, and ways of life. You become more supportive and open-minded. My take on this is that the more you explore, the more you realize how small your own experience is compared to the rest of the world. When I visited Morocco, I remember using a map and asking a local travel guide for help. That interaction led to a conversation about family, religion, and traditions. That 10-minute chat taught me more than any classroom could. Also, I've met travelers from all over the world, and each one of them had something unique to teach me. As far as I can see it, travel is one of the best teachers you can have. Following that, I want to mention that travel helps you grow and discover your strengths. As far as I'm concerned, you have no clue what your real strengths are until you travel. When you plan a trip, organize your itinerary, carry your bags, and face unexpected problems like a lost ticket or delayed baggage, you develop independence, confidence, and resilience. I once got lost in a small town in Italy without internet, and had to use an old paper navigational aid—a real map! It was frustrating, but I figured it out on my own, and in the end, I felt so proud of myself. From my perspective, travel shows you what you're truly capable of. You learn to adapt, solve problems, and even face fears. For example, I used to be afraid of getting lost or being in unfamiliar places alone. But travel forced me to confront that. Honestly, I can't imagine not having those experiences now—they've helped shape who I am. All these experiences help you develop both personally and professionally. As a final point, I'd like to emphasize that travel creates meaningful connection and unforgettable memories that last a lifetime. Whether it's booking a cozy place to stay in the mountains, checking in at a crowded hostel, or just collecting souvenirs from local markets—these moments stay with you. For instance, during a coastal visit to Portugal, I made friends with people I still talk to today. We went sightseeing, tried traditional food, and even shared some deep conversations under the stars. And it's not just the good parts. Even the stressful parts—like trying to register at the airport with the wrong identification—become stories you'll laugh about later. It seems to me that the connections you make while traveling—whether with locals, other tourists, or even yourself—are some of the most powerful experiences in life. In fact, I often dream of going back to some of those places—not just for the views, but for the people and the energy. To conclude, let's quickly reflect on what I've shared with you today. First, travel can totally shape your mindset and open your worldview. Second, it helps you discover and develop your strengths. And third, it creates powerful memories and lifelong connections. I truly believe that travel is not just a fun activity—it's a life-changing opportunity. I've gone from being a stressed-out banker to someone who feels inspired and connected to the world. From what I stand, everyone should travel at some point in their lives. That shift didn't happen overnight. It happened by taking one trip, then another, and slowly understanding what truly matters to me. And now, I'm enrolled in a program to become a travel guide myself—so I can help others experience that same transformation. I'm of the opinion that everyone should try to pursue at least one travel experience that takes them out of their comfort zone. It may be scary, but it will pay off in the end. And if you're wondering whether it's worth it—I can only say this: I don't mind sacrificing comfort for the sake of growth and adventure. Let me leave you with this: Travel is the only thing you buy that makes you richer. So don't wait for the perfect moment. Book the ticket. Pack your bags. Take the trip. Thank you so much for listening. Safe travels, everyone!

1. Katty Olsen mentioned that although her job in the bank offered financial stability and career advancement, she still felt emotionally unsatisfied with her routine. _____
2. According to the speaker, her decision to begin traveling came immediately after she graduated from university. _____
3. Katty believes that travel should only be viewed as a form of entertainment and relaxation rather than a learning experience. _____
4. During her trip to Morocco, a brief conversation with a local guide taught her valuable lessons about culture and traditions. _____
5. The speaker suggests that traveling can help people become more understanding and open-minded toward different lifestyles. _____
6. Katty explained that she had always been confident and independent before she started traveling alone. _____
7. While visiting Italy, she became lost because her phone battery died and she could not access the internet. _____
8. The speaker argues that dealing with unexpected travel problems can strengthen a person's resilience and problem-solving abilities. _____
9. Katty claims that the stressful moments during a trip are usually meaningless and quickly forgotten afterward. _____
10. During her visit to Portugal, she formed friendships with travelers she still keeps in contact with today. _____
11. The speaker believes that traveling only benefits people on a personal level and has no professional advantages. _____
12. Katty said that she now regrets leaving her career in banking to pursue a life connected to travel. _____
13. At the end of the speech, she revealed that she is studying to become a travel guide in the future. _____
14. According to Katty, waiting for the perfect moment to travel is the best strategy before booking a trip. _____
15. The speaker concludes that stepping outside one's comfort zone through travel can lead to personal growth and transformation. _____