



Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Sleep occupies one-third of our lives and is essential for our health. Most adults need at least seven hours of rest nightly to stay strong. Your immune system acts as a 'natural shield' for your body. It protects you against common illnesses, such as a cold or the flu. While you are sleeping, your body produces antibodies. These are special proteins that identify and destroy harmful germs and viruses. If you fail to get enough rest, your immune system will become weak and inefficient. As a result, you are more likely to develop infections and it may take longer for your body to recover from illnesses. Adequate sleep is, therefore, required to keep your body's defense strong.

Skipping sleep for a long time can lead to serious health problems. For instance, your heart has to work much harder to function properly. It is also more difficult to concentrate on your studies or remember important information when you are exhausted. To enhance your sleep quality, it's necessary to follow some simple habits. You should avoid using digital devices before bedtime. In addition, keeping your bedroom dark and cool can help you sleep better. Going to bed at a regular time each day is also recommended. In conclusion, getting enough sleep is one of the best ways to protect your overall health and well-being.

(Adapted from <https://www.uclahealth.org>)

Question 17. Which of the following is the best title of the passage?

- A. Tips for Better Sleep Quality                      B. Solutions to Sleeplessness  
C. Sleep and Our Health                                D. Causes of Sleep Loss

Question 18. The word develop in paragraph 1 can be replaced by \_\_\_\_\_.

- A. catch                      B. fight                      C. cause                      D. avoid

Question 19. In paragraph 1, the production of antibodies is mentioned as \_\_\_\_\_.

- A. a result of sleep loss    B. a dangerous disease    C. a benefit of sleep        D. a cause of illnesses

Question 20. According to paragraph 2, which of the following helps improve sleep quality?

- A. Keeping your bedroom bright and warm        B. Going to bed at the same time each day  
C. Studying until you feel exhausted              D. Using your phone before going to bed

Question 21. Which of the following is TRUE according to the passage?

- A. Strong immune system ensures good sleep.    B. Harmful germs are produced during sleep.  
C. Skipping sleep puts pressure on the heart.    D. Sleep has no impact on academic performance. ✓

Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a cohesive and coherent exchange or text in each of the following questions.

Question 22.

- a. Mark: How do you usually learn English?  
b. Mark: Wow, that sounds interesting! I'll try games and videos, too.                      5  
c. Alex: I learn through games and watch English videos. It's really fun and helps me remember new words.

- A. c-a-b                      B. a-c-b                      C. b-a-c                      D. b-c-a

Question 23.

- Hi Jessica,  
a. The exhibition will be held in the school auditorium from 4 p.m. to 7 p.m. next Friday.  
b. I'm writing to invite you to our school art exhibition, where students will display their best works of art. ^  
c. Let me know if you can make it. It would be great to see you there!  
d. You'll have a chance to see paintings, sculptures, and digital arts created by students from different grades. ^

Hope you can come!

Emma

- A. d-a-b-c                      B. b-a-d-c                      C. c-b-d-a                      D. a-d-c-b

Question 24.

- a. Furthermore, the way people entertain themselves has also changed from playing traditional games to using digital devices.  
b. To begin with, the traditional family structure, extended families, has been largely replaced with a new one, nuclear families. ^  
c. In conclusion, although our lifestyle has changed considerably, we should still preserve our traditional values.

- d. This means that most families nowadays consist of only parents and children instead of generations living together.
- c. Vietnamese lifestyle has changed dramatically in recent decades. <sup>A</sup>
- A. c-b-d-a-c      B. b-d-c-a-c      C. c-d-b-a-c      D. b-c-a-d-c

Read the following advertisement and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.

**Why Travel with Us?**

There are many good reasons to choose Asia Top Travel.

- Various kinds \_\_\_(25)\_\_\_ tours with the support of devoted and passionate experts.
- Professional, reliable staff who respond promptly and \_\_\_(26)\_\_\_ in touch with you during the whole tour.
- A flexible, individualized service that meets your \_\_\_(27)\_\_\_.
- Competitive price.

Call us today and plan your next unforgettable, perfect holiday!

(Adapted from <https://www.asiatoptravel.com>)

- Question 25. A. at      B. to      C. for      D. of
- Question 26. A. lose      B. keep      C. lack      D. bring
- Question 27. A. requiring      B. requirements      C. require      D. required

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.

**White Pollution**

Plastic pollution, also known as ‘white pollution’, has serious effects on our environment. This type of pollution harms wildlife. Animals often mistake plastic for food, \_\_\_(28)\_\_\_ can hurt or even kill them. \_\_\_(29)\_\_\_, plants and animals are affected when their habitats are polluted with plastic waste.

Plastic takes hundreds of years to decompose. During this time, it can release harmful \_\_\_(30)\_\_\_ into the soil and water, affecting both animals and humans. Microplastics, tiny pieces of plastic, can enter the food chain and be eaten by both marine life and people, causing health problems.

To \_\_\_(31)\_\_\_ its impacts, many countries have taken action, such as recycling household waste in Sweden, banning plastic bags in Rwanda, or returning plastic bottles for money in Germany. By working together, we can protect our environment from the harmful effects of plastic pollution and create a safer world for future generations.

(Adapted from <https://www.weforum.org>)

- Question 28. A. that      B. who      C. which      D. whom
- Question 29. A. Because      B. However      C. Moreover      D. Although
- Question 30. A. nutrients      B. resources      C. chemicals      D. fertilizers
- Question 31. A. promote      B. reduce      C. measure      D. enhance

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the given sentence in each of the following questions.

- Question 32. ‘Will you visit some natural wonders next year?’ she asked me.
- A. She asked me if I would visit some natural wonders the following year.
- B. She asked me if would I visit some natural wonders the next year.
- C. She asked me whether I will visit some natural wonders the following year.
- D. She asked me whether I would visit some natural wonders next year.
- Question 33. The florist was so skillful that her flower shop attracted many customers.
- A. She was such a skillful florist that her flower shop attracted many customers.
- B. The florist was such skillful that her flower shop attracted many customers.
- C. The florist was such a skillful that her flower shop attracted many customers.
- D. She was such skillful florist that her flower shop attracted many customers.

Mark the letter A, B, C or D on your answer sheet to indicate the best clause or phrase to complete the sentence in each of the following questions.

Question 34. They didn't know \_\_\_\_\_.

- A. how to go to Bat Trang pottery village
- B. how going to Bat Trang pottery village
- C. how could they go to Bat Trang pottery village
- D. how did they go to Bat Trang pottery village

Question 35. Unless you learn how to use AI tools, \_\_\_\_\_.

- A. you lost your career opportunities to robots
- B. you will lose your career opportunities to robots
- C. you could lose your career opportunities to robots
- D. you would lose your career opportunities to robots

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the following questions.

Google Earth is a program created by Google that shows a 3D view of the Earth. It uses satellite images, aerial photos, and map data to create the globe. People can see cities, mountains, rivers, and other places from different angles. Users can explore by typing addresses or coordinates, or by using a mouse or keyboard. Google Earth can also be used on phones or tablets, where you can touch the screen to move around. People can add their own information using a file called Keyhole Markup Language and share it online.

Google Earth also has many other tools. You can measure distances between places, explore the Moon and Mars, or see the night sky. There is even a flight simulator game. Users can look at photos from different places, see information from Wikipedia, and use Street View to explore streets. The web version has a feature called Voyager, which gives guided tours and stories from scientists and researchers.

Some people are **concerned** about privacy and security with Google Earth. In some countries, Google Earth isn't allowed because it shows sensitive areas. Other countries ask Google to hide certain places, like military buildings, in satellite images. Although questions remain about Google Earth, it is a popular and useful tool for learning about the world.

(Adapted from [https://en.wikipedia.org/wiki/Google\\_Earth](https://en.wikipedia.org/wiki/Google_Earth))

Question 36. Which of the following is the best title for the passage?

- A. Satellite Images: History and Common Uses
- B. Google Earth: Tips for Staying Safe Online
- C. Google Maps: Exploring Locations on Earth
- D. Google Earth: A Tool to Explore the World

Question 37. The word **It** in paragraph 1 refers to \_\_\_\_\_.

- A. The Earth
- B. Google map
- C. 3D view
- D. Google Earth

Question 38. The word **concerned** in paragraph 3 is closest meaning to \_\_\_\_\_.

- A. annoyed
- B. worried
- C. excited
- D. surprised

Question 39. According to paragraph 1, people can share their information online by using \_\_\_\_\_.

- A. Satellite images and tablets
- B. Keyhole Markup Language
- C. Aerial photos and map data
- D. Street View and Wikipedia

Question 40. Which of the following is NOT TRUE about Google Earth?

- A. Google Earth can be used to make travel easier.
- B. With Google Earth, users can see places from different angles.
- C. Google Earth enables users to set foot on other planets.
- D. Privacy and security are a concern when using Google Earth.

----- HẾT -----

- Thí sinh không được sử dụng tài liệu.

- Giám thị không giải thích gì thêm.