

Evaluation Test – Hobbies and Their Benefits (Grade 10)

School : Kharisma Bangsa Senior High School
Phase : E
Class : X
Semester : 1
Level : CEFR B1
Material : Hobbies and Their Benefits
Teacher's Name : Hasna Abrorrah

Instruction!

Choose the best answer (a, b, c, or d).

1. Which activity is included as a hobby?
 - A. Sleeping in class
 - B. Playing badminton
 - C. Doing an exam
 - D. Waiting for the bus
2. Which hobby can improve creativity?
 - A. Drawing
 - B. Driving
 - C. Shopping
 - D. Cleaning the floor
3. Why do many students enjoy reading books?
 - A. Because it helps improve knowledge and vocabulary
 - B. Because it makes them lazy
 - C. Because it wastes time
 - D. Because it is always difficult

4. What is the benefit of exercising regularly?

- A. It improves physical health
- B. It increases stress
- C. It causes boredom
- D. It reduces confidence

5. "I often cook with my mother on weekends."

What can we learn from the sentence?

- A. Cooking helps improve life skills
- B. Cooking is a boring activity
- C. Cooking is only for adults
- D. Cooking gives no benefit

6. Complete the sentence correctly!

"My brother usually _____ football after school."

- A. play
- B. plays
- C. playing
- D. played

7. Choose the correct sentence.

- A. She often draw in her free time.
- B. She drawing every weekend.
- C. She often draws in her free time.
- D. She is often draw in her free time.

8. Rina likes gardening because it helps her feel relaxed.

The hobby gives benefits for her _____ health.

- A. mental
- B. physical
- C. financial
- D. academic

9. Rizki joins a basketball club every Saturday. He becomes healthier and learns how to work with his team.

What are the benefits of Rizki's hobby?

- A. Improving teamwork and physical health
- B. Reducing communication skills
- C. Making him feel lonely
- D. Wasting his free time

10. Sinta enjoys painting in her free time. She can express her ideas and feels more confident when showing her artwork to others.

What is the main benefit of Sinta's hobby?

- A. It improves her creativity and confidence
- B. It makes her avoid other people
- C. It gives her too much stress
- D. It decreases her creativity