

The human body is like a wonderful machine. Every part has a special job to do. Let's look at the different parts of our body.



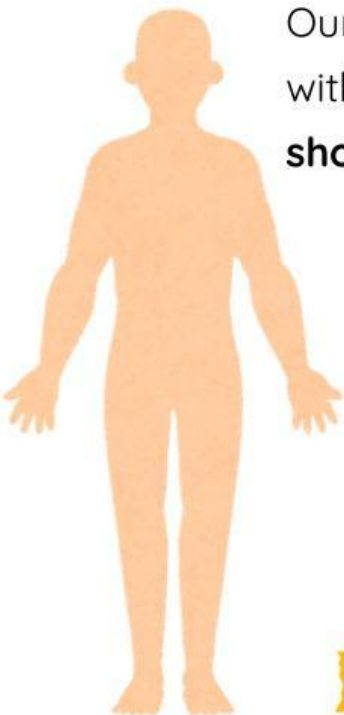
On our head, we have our _____. When we're young, it's **black**, but when we get older, it's **gray**. Some people have none at all.

On the sides of our head, we have two _____. We use them to **hear** the sounds around us, and **listen** to what people say.

On our face, we have two _____, to **see** the world around us. They help us **look** at things.

We use our _____ to **smell** things, like flowers or delicious food. It also helps us **breathe** air.

Below the nose is the _____. Inside our mouth, we have **teeth** and a **tongue**. We use our mouth to **eat** food, **drink** water, and **talk** to our friends.



Our **head** is attached to our **body** at the _____, along with our **arms** and our **legs**. Our arms are attached at the **shoulders**, and our legs are attached at the **hips**.

We have two _____ with two **hands** at the end. Each hand has five _____. We use them to **hold** and **touch** things around us. Our arms can _____ at the **elbows**.



We have two _____ with two _____ at the end. They are strong, and they help us walk, run, jump, and play sports. Our legs can **bend** at the _____.

neck	eyes	arms	knee
feet	mouth	fingers	bend
nose	ears	legs	hair

Some of the most important parts of our body are **organs**, which live inside us where we cannot see them.



Inside our head, the _____ is the boss of the entire body. It is the most important part because it helps us think, learn, and feel.

In our **chest**, the _____ sits on the left side, beating all day and night to pump _____ around our whole body.



Also in our **chest** are two **lungs**. When we _____ in, our lungs fill with air and help our body get oxygen.



After we use our mouth to **chew**, we _____ our food and it goes down into our stomach. The stomach breaks down this food and turns it into energy.



blood

brain

swallow

breathe

heart

Isn't our body wonderful? If you want to keep your body **healthy**, you should take care of yourself. Eat healthy food, exercise, drink enough water, and remember to get enough sleep every day!