

Exercise 3

Read the text again. Fill in the gaps by choosing the correct answer

Eating the British Way

What's your idea of British food? If the answer is bacon and eggs or fish and chips, then you might be in for a surprise.

Most people in the UK rush to work in the morning. This means they don't have time to make the 1) [traditional English breakfast / lunch / dinner] of eggs, bacon and sausages. They may have one at weekends though. During the week, they choose a breakfast of 2) [cereal and toast / pancakes / soup] with tea, coffee or fruit juice.

Lunch is a simple meal. Many children at school and adults at work have a 3) [packed lunch / hot meal / takeaway] from home. This is a sandwich, a packet of crisps, a piece of fruit and a drink.

4) [Dinner / Breakfast / Snack] is a meal for the whole family. Spaghetti bolognese and shepherd's pie are favourites. Many British order 5) [takeaways / desserts / starters] as well! Indian, Chinese food and pizzas are all very popular.

On Sundays, the British get together for a traditional Sunday roast. This is roast beef or lamb with potatoes, vegetables and 6) [gravy / ketchup / mustard] .

What about dessert? Homemade puddings like bread and butter pudding, apple pie and 7) [trifle / ice cream / cheesecake] are all delicious British desserts. Without them no meal is complete!

