

**Section B : Information Transfer ( 10 marks )**

**Read the following text. Then, answer questions ( 1 ) – ( 10 ).**

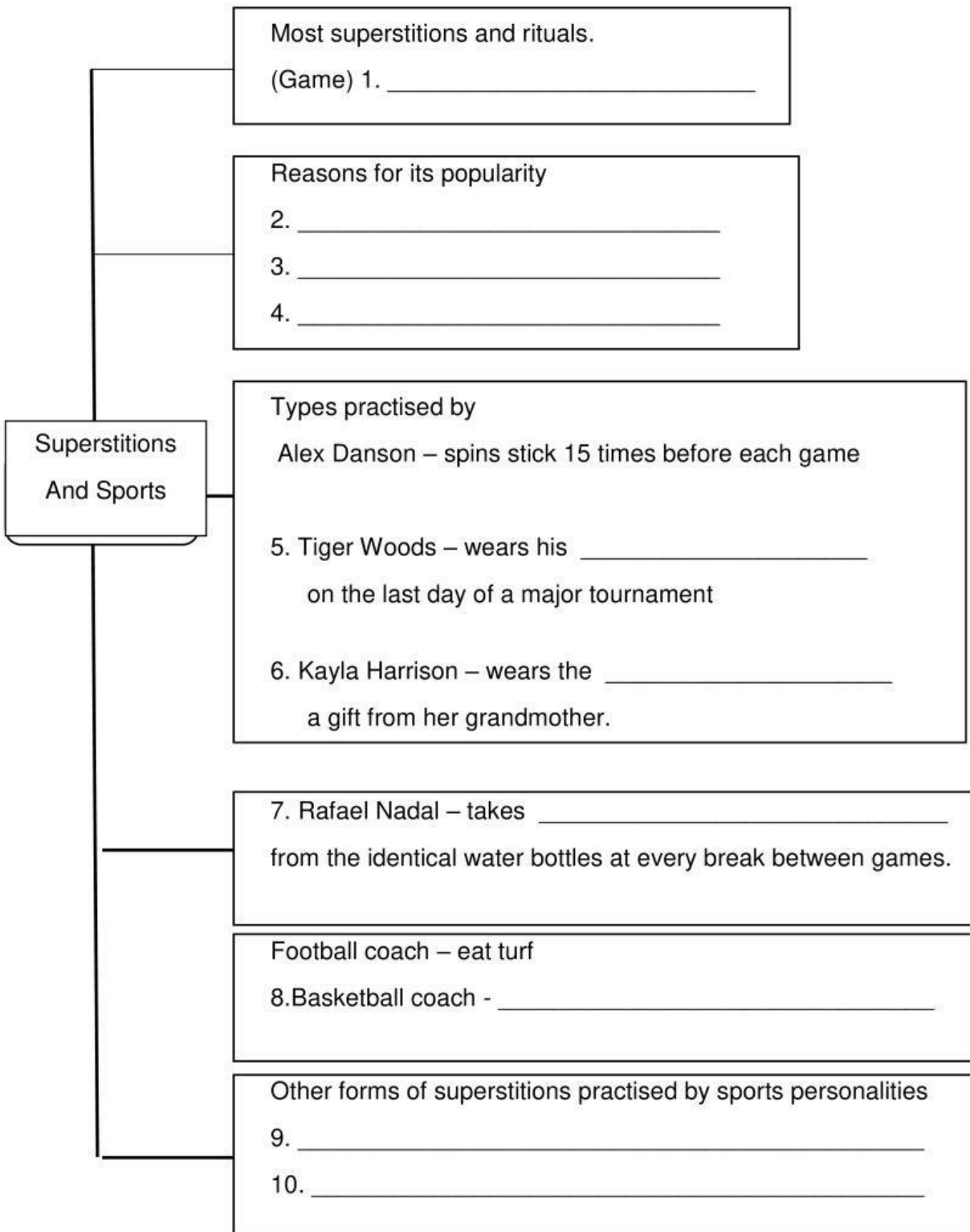
Sports figures have fallen into superstitions that they believe will put them in a better position to win every time. The Olympic Games have the most superstitions and rituals. According to some sports psychologists, superstitions and rituals attached to them give athletes a sense of control over themselves and they feel less anxious. In a sports environment, anything can happen. They have spent day and night training to secure medals and fame. 'Superstitions bring us luck and help us succeed! So, why not do it? Guys, it's not going to hurt, right?'

Tiger Woods is often sighted wearing his lucky red shirt on the last day of a major tournament. 'I have had a few wins wearing red,' said Woods, 'and it's not going to change'. Judo gold medallist, Kayla Harrison, wears the lucky socks that were a gift from her grandmother. Hockey player, Alex Danson, spins her stick 15 times before each game. Tennis player, Rafael Nadal, takes alternating sips from two identical water bottles at every break between games.

Even coaches are superstitious, too. Just imagine a basketball coach chewing on a towel during games and a football coach eating turf ! That is interesting, right? All in the quest of winning !

There are other less complex forms of superstitions practised by sports figures. Such examples are having a lucky charm in the pocket, crossing fingers and chanting the mantra. These small tokens of luck make them feel more confident in their abilities.

Using the information from the text, complete the following graphic organiser.



## PRESENT PERFECT TENSE + FOR AND SINCE

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- We use *for* and *since* with the present perfect to talk about a period of time up to the present.
- We use *for* when we are talking about the length of time up to the present.
  - I've been in the team *for* three years.
- We use *since* when we state the starting point of the period of time up to the present.
  - I've been in the team *since* 2012
  - I've been in the team *since* I was 13.

**STUDY THE TABLE . COMPLETE THE SENTENCES WITH *FOR* OR *SINCE*.**

- A. Superstitions have been part of sports \_\_\_\_\_ it began.  
 B. Some footballers have worn the same pair of socks \_\_\_\_\_ many weeks

**COMPLETE THE TABLE WITH THE TIME EXPRESSIONS IN THE BOX**

Two hours	yesterday	five minutes	last week
A few days	10 <sup>th</sup> June	many years	1995
My birthday	she was a student	a long time	

Time expressions with since	Time expressions withfor
Yesterday	Two hours

### Section C : Language Awareness ( 10 marks )

**A. Complete the sentences with 'for' or 'since'**

1. Samitha has attended basketball training \_\_\_\_\_ two days.
2. Nicol David has played squash \_\_\_\_\_ she was five years old.
3. I have been a fan of Manchester United \_\_\_\_\_ the last ten years.
4. The boys are very patient. They have waited \_\_\_\_\_ three hours.
5. I have had this cold \_\_\_\_\_ Tuesday.
6. Miss Polly Pang has coached the swimming team \_\_\_\_\_ she joined the school.