

Tên: .....



Week: 38

Lớp: S8...

Từ vựng HW: .....

Ngày giao bài: Thứ ....., ngày ...../.....

Nghe HW: .....

Ngày nộp bài: Thứ ....., ngày ...../.....

## SKILL BUILDER: LISTENING + SPEAKING

### A. EXTRA VOCABULARY

Con bấm vào link/code để nghe và đọc lại từ vựng nhé:

<https://soundcloud.com/ms-chi-english/for-week-38-extra-vocabulary>



No.	New words	Meanings	No.	New words	Meanings
1	<b>food intolerance</b> (n)	tình trạng không dung nạp thực phẩm	10	<b>exposure to something</b> (phr.)	sự tiếp xúc với một chất/tác nhân nào đó
2	<b>small intestine</b> (n)	ruột non	11	<b>lactose intolerant</b> (adj)	không dung nạp lactose
3	<b>nuanced differences</b> (n)	những khác biệt tinh tế/khó thấy rõ	12	<b>break down</b> (phr.v)	phân hủy, phân giải
4	<b>disproportionate response</b> (n)	phản ứng quá mức	13	<b>digestive issues</b> (n)	vấn đề tiêu hóa
5	<b>inappropriate response</b> (n)	phản ứng bất thường	14	<b>bloating</b> (n)	đầy hơi, chướng bụng
6	<b>proper diagnosis</b> (n)	chẩn đoán chính xác/phù hợp	15	<b>autoimmune condition</b> (n)	bệnh/tình trạng tự miễn
7	<b>scientifically proven</b> (phr.)	được chứng minh về mặt khoa học	16	<b>course of action</b> (phr.)	hướng xử lý, cách hành động
8	<b>controlled environment</b> (n)	môi trường được kiểm soát	17	<b>oral food challenge</b> (n)	thử nghiệm dị ứng thực phẩm qua đường miệng
9	<b>life-threatening</b> (adj)	đe dọa đến tính mạng	18	<b>go-to person</b> (n)	người nên tìm đến để được giúp đỡ

### B. CLASSWORK

#### LISTENING

Con làm bài nghe theo link/code sau:

[https://www.youtube.com/watch?v=8GxhiuN\\_bY0](https://www.youtube.com/watch?v=8GxhiuN_bY0)



Watch the video and complete the sentences. Write **NO MORE THAN TWO WORDS** in each blank.

- Food allergies and food intolerances each require a \_\_\_\_\_ treatment.
- In a food allergy, the immune system responds to \_\_\_\_\_ proteins in certain foods.
- Allergic reactions usually happen quickly, often within 30 \_\_\_\_\_ of eating the food.
- A food intolerance means the body has trouble \_\_\_\_\_ certain foods.
- Celiac disease is triggered by eating foods containing \_\_\_\_\_.
- At-home food-sensitivity kits are not \_\_\_\_\_ diagnostic tools.
- An allergist can diagnose you by taking a good \_\_\_\_\_ and giving you an oral food challenge.

## C. HOMEWORK

### VOCABULARY (18 questions)

I. Con học thuộc nghĩa của từ, chính phát âm theo từ điển và chép mỗi từ ở phần A. Extra Vocabulary (trang 1) 1 dòng vào vở ghi.

#### II. Choose the correct answers.

- If milk gives him stomach problems, but it is not an allergy, he may have a \_\_\_\_\_.  
A. food intolerance      B. proper diagnosis      C. controlled environment
- Some food allergies can be very serious and even \_\_\_\_\_.  
A. scientifically proven      B. digestive issues      C. life-threatening
- After eating that food, she had stomach pain and other \_\_\_\_\_.  
A. oral food challenge      B. digestive issues      C. nuanced differences
- You should talk to a doctor to get a \_\_\_\_\_, not guess by yourself.  
A. proper diagnosis      B. small intestine      C. go-to person
- In a hospital, doctors can test food reactions in a safe and \_\_\_\_\_.  
A. inappropriate response      B. lactose intolerant      C. controlled environment
- If you think you have a food allergy, an allergist is usually your \_\_\_\_\_.  
A. course of action      B. go-to person      C. exposure to something

#### III. Fill in the blanks with the correct words/phrases in the box.

<b>break down</b>	<b>scientifically</b>	<b>lactose intolerant</b>
<b>oral</b>	<b>condition</b>	<b>bloating</b>

- My brother is \_\_\_\_\_, so he often feels unwell after drinking milk.
- Enzymes help the body \_\_\_\_\_ food into smaller parts.
- After eating too quickly, she had \_\_\_\_\_ and stomach pain.
- Celiac disease is an autoimmune \_\_\_\_\_, not a simple food intolerance.
- The doctor said the home test was not \_\_\_\_\_ proven, so we should not fully trust it.
- The allergist used a(n) \_\_\_\_\_ food challenge to check which food caused the reaction.

#### IV. Rearrange the words/phrases to make complete sentences.

- can / stomach problems / cause / A food intolerance / after meals.  
→ \_\_\_\_\_
- food. / digest / helps / The small intestine / the body  
→ \_\_\_\_\_
- are / between / nuanced differences / and intolerances. / There / allergies  
→ \_\_\_\_\_
- can / without / life-threatening / be / A severe allergy / quick treatment.  
→ \_\_\_\_\_
- can / help / patients / choose / A proper diagnosis / the right course of action.  
→ \_\_\_\_\_
- should / controlled environment. / in / happen / An oral / a / food challenge  
→ \_\_\_\_\_


## LISTENING PRACTICE (7 questions)

### Lưu ý:


1. Khi làm bài tập có từ mới, các con phải tra từ điển. Sau khi tra từ điển, các con chép mỗi từ mới **1 dòng** để ghi nhớ.
2. Các con gạch chân các từ khoá chính trong bài.

Con làm bài nghe theo link/code sau:  
[https://www.youtube.com/watch?v=8GxhiuN\\_bY0](https://www.youtube.com/watch?v=8GxhiuN_bY0)






### Choose the correct answer A, B, or C.



1.




**What two food problems do people often confuse?**

A. Food allergies and food intolerances  
 B. Food allergies and headaches  
 C. Food intolerances and flu

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2.




**In the shellfish example, what can trigger an allergic reaction?**

A. Dairy  
 B. Tropomyosin  
 C. Gluten

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3.




**What does the immune system think the food particle is?**

A. A medicine  
 B. A vitamin  
 C. An invader

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4.




**Which symptom can happen in a mild allergic reaction?**

A. Hives  
 B. Broken bones  
 C. A cold

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5.




**What does a lactose-intolerant person not have enough of?**

A. Water  
 B. An enzyme  
 C. Protein

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6.




**When can food intolerance symptoms sometimes appear?**

A. Only after one month  
 B. In the next few days  
 C. Before eating

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7.



**What should you do if you are not sure about your food reaction?**

A. Take an at-home kit  
 B. Stop eating all foods  
 C. Talk to your doctor

