

I am doing (present continuous)

A



She's eating.
She isn't reading.



It's raining.
The sun isn't shining.



They're running.
They aren't walking.

The present continuous is:

am/is/are + doing/eating/running/writing etc.

I	am (not)	-ing
he she it	is (not)	
we you they	are (not)	

- I'm working. I'm not watching TV.
- Maria **is reading** a newspaper.
- She **isn't eating**. (or She's not eating.)
- The bus **is coming**.
- We're **having** dinner.
- You're **not listening** to me. (or You aren't listening ...)
- The children **are doing** their homework.

B

am/is/are + -ing = something is happening *now*:

I'm working
she's wearing a hat
they're playing football
I'm not watching TV

past

now

future

- Please be quiet. **I'm working**. (= I'm working now)
- Look, there's Sarah. She's **wearing** a brown coat. (= she is wearing it now)
- The weather is nice. It's **not raining**.
- 'Where are the children?' 'They're **playing** in the park.'
- (on the phone) We're **having** dinner now. Can I call you later?
- You can turn off the television. **I'm not watching** it.

Spelling (→ Appendix 5):

come → coming write → writing dance → dancing
run → running sit → sitting swim → swimming
lie → lying

