Exercise 11

You will hear a part of a lecture. For each question, fill in the missing information in the numbered space.
Write no more than ONE WORD for each answer.

The importance of sleep



1. At night, the body and the _____ need time to rest and repair.
2. Many people feel low on _____ if they don't rest properly.
3. A regular bedtime helps people feel more _____ during the day.
4. Some people find it hard to fall asleep after looking at a bright _____.
5. People who don't get enough rest may have trouble making good _____.
6. Good sleep helps the immune system so that we can stay _____.

Exercise 12

You will hear a part of a lecture. For each question, fill in the missing information in the numbered space.
Write no more than ONE WORD for each answer.

Space Travel



1. Astronauts leave the Earth's surface by using powerful _____.
2. In space, objects float because there is no strong _____.
3. In a mission, astronauts spend their time inside a space _____.
4. Eating in space can be difficult because there is no dining _____.
5. It is important that astronauts always have clean _____ to breathe.
6. Scientists hope humans may live on another _____ one day.

LIVEWORKSHEETS