UNIT 4
FOOD AND DRINK

D. SPEAKING

Exercise 1:

25% of your score in the IELTS Speaking test is for *lexical resources*. *Lexical resource* means using a good range of vocabulary.

You can improve your *lexical resources* by building your vocabulary on IELTS topics. Use the words in the box to complete the student's notes. Then watch the video and check your answers.

Describe what you like to have for breakfast in the morning. *You should say:* *what you like to eat and drink for breakfast* *how you prepare these things* *whether you think this is a healthy breakfast* *and explain why you like to eat and drink these things.*	*(Unit 4_Video 1)*

breakfast	*eat*	*eggs*	*energy*	*juice*	*lives*	*recipe*	*sausage*	*vitamin*

what you like to eat and drink for breakfast

orange or apple _____

scrambled _____

beans and _____

how you prepare these things

I will cook English _____ with my parents.

I will find a _____ to learn how to cook it.

whether you think this is a healthy breakfast

Orange juice gives us _____ C .

It gives me a lot of _____ .

explain why you like to eat and drink these things

This kind of breakfast is important in our _____ .

I like to _____ this breakfast because I enjoy it.

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Exercise 2: In IELTS Speaking Part 2 you will speak about your personal experience of a topic. Then, in Part 3, the examiner will ask you about your general opinions on the same topic.

Look at a student's answers and decide if each one describes a personal experience (for Part 2) or a general opinion (for Part 3).

1. We should eat healthier food because we need healthy bodies to work and study.
   This is personal experience for Part 2./ This is a general opinion for Part 3.
2. In my country, we eat noodles and rice for breakfast.
   This is personal experience for Part 2./ This is a general opinion for Part 3.
3. I think that buying fast food is often easier than cooking for yourself.
   This is personal experience for Part 2./ This is a general opinion for Part 3.
4. I think governments should give people more advice about healthy food.
   This is personal experience for Part 2./ This is a general opinion for Part 3.
5. I think I have a recipe to show me how to cook it.
   This is personal experience for Part 2./ This is a general opinion for Part 3.
6. No, I don't think so, because it is now more expensive to import food from foreign countries. *This is personal experience for Part 2./ This is a general opinion for Part 3.*
7. I think we're healthier than in the past because nowadays we concentrate on the ingredients in meals.
   This is personal experience for Part 2./ This is a general opinion for Part 3.
8. I don't like milk. I just drink it because it's healthy.
   This is personal experience for Part 2./ This is a general opinion for Part 3.
9. Yes, I think so, because nowadays we are unhealthy because of fast food.
   This is personal experience for Part 2./ This is a general opinion for Part 3.
10. In the morning, I like to have eggs, juice and toast.
    This is personal experience for Part 2./ This is a general opinion for Part 3.

Exercise 5: Read the IELTS Speaking Part 3 questions and answers. Highlight the words that the student uses to *paraphrase* the examiner's words in bold.

1. Examiner: Do you think it's easy to buy **many types of food** in your country?
Student: Yes, there is definitely a wide variety of things to eat where I am from.

2. Examiner: Some people say it's better to eat mostly **local food** rather than food imported from other countries. Do you agree?
Student: Yes, I think it is important to buy food that was grown near where you live.

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3. Examiner: Do you think that **your country's traditional food** might disappear in the future?
Student: No, it simply isn't possible that people would stop eating what we have always eaten where I am from.

4. Examiner: Do you think that the food people eat in your country now is better than **the food that they ate in the past**?
Student: No, I don't. I think what people used to eat was healthier.

5. Examiner: What are the reasons why **unhealthy food** is so popular in many countries these days?
Student: I think there are several reasons why people like eating things that are bad for them.

Exercise 6: In IELTS Speaking Part 3 you can use *and*, *but*, *so*, and *because* to help explain your opinions.
Read the information, then complete the sentences. Use the words in the box.

Use ***and*** to join two ideas that are similar. (e.g. *I like coffee **and** tea.*)

Use ***but*** to join one idea that is different from another idea. (e.g. *I like apple juice **but** not orange juice.*)

Use ***so*** to join one idea that is the result of another idea. (e.g. *I want to be healthier, **so** I'm eating more fruit.*)

Use ***because*** to join one idea with the reason for another idea. (e.g. *I am going to a restaurant on Saturday **because** it's my friend's birthday.*)

and	*because*	*because*	*but*	*so*

1. Sugar causes a lot of health problems, _____ people should eat fewer things that contain sugar.
2. In my country, it's easy to have a healthy diet _____ we grow a lot of fruit and vegetables.
3. Fast food is unhealthy _____ it's tasty and cheap.
4. One reason I like fruit is that it tastes nice _____ another reason is because it's healthy.
5. People drink a lot of water in the summer _____ it's very hot.

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Exercise 7: Watch the video of a student doing IELTS Speaking Part 3. Listen and complete the examiner's questions.

1. **Examiner:** OK, we've been talking about food and drink and I'd like to discuss with you one or two more general questions related to this. So let's consider, first of all, local and _____ food. Do you think it's easy to buy many types of food in your country? **2. Examiner:** Some people say it's better to eat mostly _____ food rather than food imported from other countries. Do you agree? 3. **Examiner:** Do you think it's _____ ? Why? 4. **Examiner:** Do you think that your country's _____ food might disappear in the future? 5. **Examiner:** OK, let's think about food _____ and healthy food. Do you think that the food people eat in your country now is better than the food that they ate in the past? 6. **Examiner:** What are the reasons why _____ food is so popular in many countries these days? 7. **Examiner:** Do you think that governments should make laws which encourage people to eat healthy _____ and avoid unhealthy food? 8. **Examiner:** Do you think people would obey the rules, the government rules, about _____ food?	*(Unit 4_Video 2)*

Exercise 8: There is <u>one</u> mistake in each of the student's answers. Find the mistakes and correct them.

1. Examiner: Do you think it's easy to buy many types of food in your country?
Student: Yes, I think it is easy to buy international food in Hong Kong.
2. Examiner: Do you like international food?
Student: I prefer eat local food from my country
3. Examiner: Do you think that your country's traditional food might disappear in the future?
Student: As far as I can see, it's possible, but unlikely.
4. Examiner: Why is unhealthy food so popular in many countries these days?
Student: Unhealthy food is usually faster food, which is often cheap and easy to buy.
5. Examiner: Do you think that the food people eat in your country now is better than the food that they ate in the past?
Student: Personally, I thinking that it's better nowadays

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Exercise 9:
You are going to do IELTS Speaking Part 2. You will need some paper and a pencil.

Describe what you like to have for breakfast in the morning.

You should say:
what you like to eat and drink for breakfast
how you prepare these things
whether you think this is a healthy breakfast
and explain why you like to eat and drink these things.

E. LISTENING

Exercise 1: In this unit, you will practise the skills you need to answer an IELTS Listening matching task and a map labelling task. The topic of this unit is visiting museums.

Listen to two students talking about a trip to the Museum of Transport. Choose the correct answer. *(Track 4.1)*

What activity do the students need to complete at this location at the Museum of Transport?

Location
The Information Centre

Activity

- collect their timetable
- get a map of the museum
- meet their tour guide

Exercise 2: Labelling maps is an important skill in the IELTS Listening test. It's a good idea to familiarise yourself with key vocabulary that you might hear when labelling maps.

Read and listen to the extract of John and Denise's conversation. Choose the correct words and phrases you hear to complete the extract. *(Track 4.2)*

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Denise: *Great. That'll be interesting, I expect. Now, what activity did our tutor say we had to complete when we arrived at the Information Centre/ Welcome Hall/ Gift Shop at the museum?*

John: *Well, we've already got our timetables/map/ brochure for the whole visit, so we don't need to pick those up.*

Denise: *Oh, I remember – we're supposed to introduce ourselves to someone from the museum – the person who's going to show us around the museum later on and talk to us about some of the displays/ paintings/ exhibits.*

John: *You're right. That's it. OK, well, we'd better do that first.*

Exercise 3: Read the information. Then listen to the next part of the conversation between John and Denise and answer the question. ***(Track 4.3)***

What activity (A–E) do the students need to complete at this location at the Museum of Transport?

1. The Space Travel building
    - A do an interview
    - B watch a short film
    - C do a quiz
    - D listen to a recording
    - E learn to use some equipment

Exercise 4: Listen to the rest of the conversation. Which activity (A–E) do the students need to complete at the Trains and Travel room, Central Hall and 'Going Second Class' room at the Museum of Transport? ***(Track 4.4)***

Write the correct letter (A, B, D or E) next to the locations (2–4)

A do an interview

B watch a short film

C do a quiz

D listen to a recording

E learn to use some equipment

2 Trains and Travel room

3 Central Hall

4 'Going to Class's room

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Exercise 6: For the IELTS map labelling task, it is a good idea to learn words and phrases for giving directions and instructions. ***(Track 4.6)***

Read and listen to the tour guide giving directions to three locations. Complete the directions with the correct word or phrase you hear.

OK, I'm going to tell you where some of the important rooms in the museum are. We'll start with the 'Car Collection' room. So we're here in the Welcome Hall, (1)_____ the Central Hall. You need to go through the door over there on the right. That'll take you to the room that (2)_____ to the café, but don't go that way – take the other door instead. Go across the corridor and then you'll enter a long, (3)_____ room. Walk all the way through this room, through the corridor and into the next one. That's where you'll find our collection of cars.

Alright, you'll also be visiting the exhibition called 'Going Second Class'. Let me explain how to find it. From here, the Welcome Hall, go (4)_____ into the Central Hall, and then head for the door on the left on the (5)_____ side of the hall. Go through the door that leads outside – and then you'll see a row of three buildings. When you're facing the buildings, the middle building will be directly (6) _____ you, and you want the one on the left of it.

Alright, what about the 'Fashion and Travel' room? There are a couple of ways to get there, but I suggest you leave here, the Welcome Hall, and go into the Central Hall. (7)_____ left, but don't go all the way to the end. You want the door on your right, as you're facing the western exit. That'll (8) _____ the 'Fashion and Travel' room.

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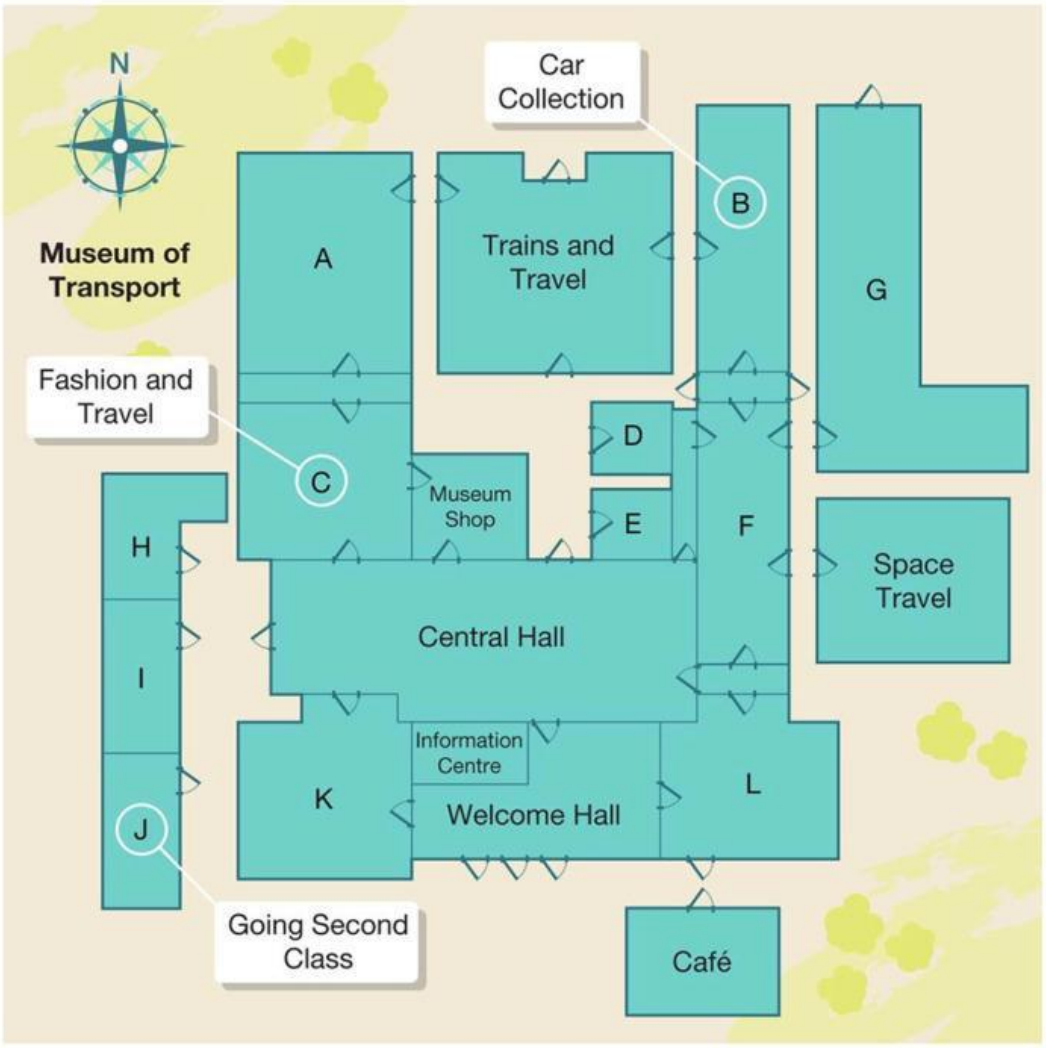
Exercise 7: Listen to the tour guide. Choose the correct letters (A–L) from the map for each of the three rooms *(Track 4.7)*



	A	B	C	D	E	F	G	H	I	J	K	L
Crossing New Horizons building	O	O	O	O	O	O	O	O	O	O	O	O
Map room	O	O	O	O	O	O	O	O	O	O	O	O
Explorers room	O	O	O	O	O	O	O	O	O	O	O	O

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Exercise 8: Listen and answer questions 1-4 *(Track 4.8)*

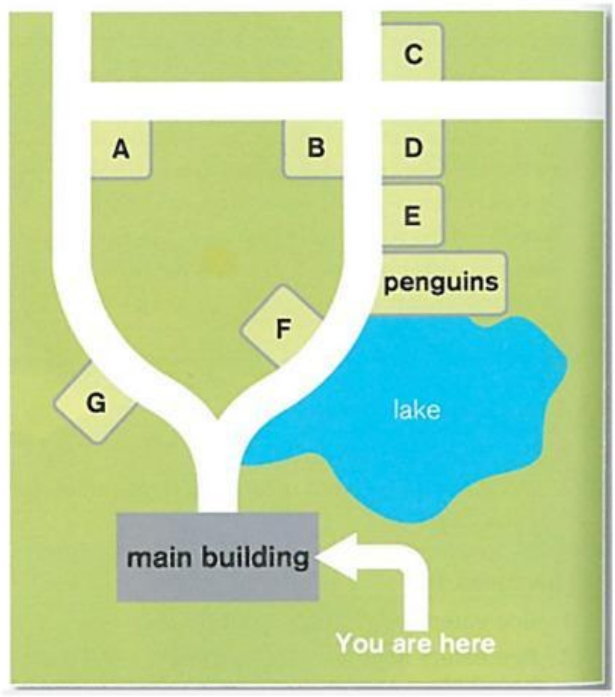
What helped each person to become successful?
Choose **FOUR** answers from the box and write the correct letter, A-F, next to Questions 1-4.

1. the film maker
2. the ballet dancer
3. the scientist
4. the chef

Reasons for success	
A. a personal style	D. an invention
B. a lot of money	E. a wise decision
C. a relative's influence	F. a change of job

Exercise 9: Listen and write the correct letter (A-G),

next to these questions (1-3) *(Track 4.9)*



gift shop
restaurant
picnic area

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You are going to hear an interview with a chef about a TV programme he has made about food in China.

Choose FOUR answers from the types of food in the box and write the correct letter A–F next to questions 1–4.

Which of the foods:

1 is often enjoyed by children?
2 can be cooked in a short time by the dinner guests?
3 needs expertise to make?
4 can be adapted to your tastes?

Types of food

A Beijing duck
B kebabs
C dumplings
D noodles
E hotpot
F jellyfish

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