

Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 1 to 6.

### Say No To Body Shaming

*Let's create a world where kindness and respect come first.*

#### The Sad Reality of Body Shaming

Body shaming continues to harm a large (1) \_\_\_\_\_ of people every day, both online and in real life. It can lead to low self-esteem, anxiety, and even depression, leaving lasting scars on individuals' mental health. It can be hard to (2) \_\_\_\_\_ the hurt caused by body shaming, especially when it comes from people close to us or on social media. Despite efforts to promote body positivity, many still feel judged or excluded based on their appearance. It's time to address this issue and create a kinder, more accepting world.

#### How to Prevent and Overcome Body Shaming

- If you witness someone being body-shamed, don't stay silent. Speak up respectfully but firmly to show that such behavior is unacceptable. By standing up for (3) \_\_\_\_\_ you help create an environment where kindness and respect are prioritized.
- A country's laws (4) \_\_\_\_\_ human rights often emphasize the importance of equality and respect. You can help reinforce these values by spreading awareness about body (5) \_\_\_\_\_ and challenging harmful stereotypes.
- Overcoming body shaming starts with embracing your own (6) \_\_\_\_\_ qualities. Practice gratitude for your body, not just for how it looks but for what it allows you to do. Surround yourself with supportive people who uplift you, and remind yourself that your worth is not determined by others' opinions.

- Question 1.** A. level                      B. number                      C. quality                      D. amount
- Question 2.** A. come up                      B. get up                      C. come over                      D. get over
- Question 3.** A. other                      B. others                      C. another                      D. the others
- Question 4.** A. in regard to                      B. regardless of                      C. let alone                      D. in case of
- Question 5.** A. confession                      B. transaction                      C. acceptance                      D. allowance
- Question 6.** A. unusual                      B. common                      C. similar                      D. unique

Read the following advertisement and mark the letter A, B, C, or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 7 to 12.

### Workshop: Discover Global Cultures - Your First Step to Becoming a Global Citizen!

Are you curious (7) \_\_\_\_\_ the unique cultures of the world and how they shape global connections? Join our "Discover Global Cultures" Workshop and take your first step toward becoming a global citizen! In this workshop, you'll immerse in the rich traditions, stories, and lifestyles of various countries through interactive

activities, (8) \_\_\_\_\_ cultural quizzes, traditional costume displays, and tasting sessions of iconic global dishes. Learn how people from different parts of the world celebrate life, overcome challenges, and (9) \_\_\_\_\_ connections. Beyond exploring diversity, you'll also develop essential skills like cross-cultural communication, empathy, and (10) \_\_\_\_\_ – all crucial for thriving in today's interconnected world. In addition, our admissions team will be available on-site to provide expert advice on (11) \_\_\_\_\_, helping you map out your academic and career goals. Whether you desire (12) \_\_\_\_\_ abroad, this workshop is your gateway to the global stage!

**Question 7.** A. on B. at C. about D. with

**Question 8.** A. included B. was included C. including D. which included

**Question 9.** A. found B. build C. raise D. set

**Question 10.** A. adaptability B. adaptable C. adaptively D. adaptive

**Question 11.** A. study overseas programs B. study programs overseas  
C. programs overseas study D. overseas study programs

**Question 12.** A. to studying B. to study C. studying D. study

**Mark the letter A, B, C, or D on your answer sheet to indicate the correct arrangement of the sentence to make a meaningful paragraph/letter in each of the following questions.**

**Question 13.**

Dear Grandpa and Grandma,

- I believe his story could teach me a lot about resilience and strength.
- I hope you're both doing well, and I've been thinking a lot about Grandpa and his life lately.
- I would love to hear more about his younger years, especially how he overcame the challenges of poverty and war.
- Any memories or lessons you could share would mean a lot to me as I navigate my own path.
- What values did he hold dear, and how did he view family, work, and life? With love,

Alex

A. c – e – a – b – d B. b – c – e – a – d C. b – c – e – d – a D. b – d – e – a – c

**Question 14.**

- From the moment I arrived, they welcomed me like a member of their own family, making me feel at home in a completely new environment.
- Overall, staying with a host family not only enriched my understanding of their way of life but also created lasting memories and friendships that I will always cherish.
- Staying with a host family during my trip abroad was an unforgettable experience that gave me a unique opportunity to immerse myself in a new culture.
- Living with locals also allowed me to improve my language skills quickly, as I had daily conversations and picked up phrases that textbooks could never teach.

e. Sharing meals together was one of the highlights, as I got to taste authentic homemade dishes while learning about their culture and traditions.

A. d - c - e - a - b

B. a - d - c - e - b

C. e - a - b - c - b

D. c - a - e - d - b

**Question 15.**

a. Firstly, festivals are a great way to understand a nation's culture.

b. Nowadays, more and more young people celebrate Western festivals in Viet Nam.

c. Taking part in celebrations can help young people learn more about other people's traditions and customs.

d. They give an opportunity for young people to relax and spend enjoyable time with their friends and family.

e. In conclusion, they can have fun, broaden their cultural knowledge and enjoy their school life more.

f. Secondly, festivals are special events that help bring fun, happiness and joy to young people's lives.

A. c - a - d - e - b - f

B. b - a - c - f - d - e

C. b - a - c - d - f - e

D. c - e - b - d - f - a

**Question 16.**

a. **Anna:** Definitely! Despite facing poverty and war, he always valued hard work and family above all.

b. **Anna:** Hi John, I often think about my grandfather. He lived through so many hardships and still managed to build a good life for his family.

c. **John:** His story is truly inspiring. It shows the power of perseverance and love in overcoming challenges.

d. **John:** Wow, that's incredible. He must have been a strong and determined man.

A. a - c - b - d

B. c - a - b - d

C. b - c - a - d

D. b - d - a - c

**Question 17.**

a. **John:** Hello Anna, yes, his vision and innovation truly revolutionized technology.

b. **Anna:** Hello John, Steve Jobs' life is so inspiring. He turned failure into one of the greatest successes.

c. **Anna:** He proved that thinking differently can change the world.

A. a - c - b

B. b - c - a

C. b - a - c

D. c - a - b

**Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.**

Online shopping has become very popular among young people, especially on platforms like Shopee and TikTok. (18) \_\_\_\_\_. As online shopping is made easier, (19) \_\_\_\_\_. Young people (20) \_\_\_\_\_ find it convenient to shop from home. With just a few clicks, they can compare prices and choose items they like without going to a store. This way of shopping allows them to save time and money, making it more appealing to younger generations. Additionally, many of their purchases (21) \_\_\_\_\_. In addition to discounts, social media influencers now help young people shop online. Seeing their friends and influencers sharing product recommendations, (22) \_\_\_\_\_. They enjoy sharing their favorite finds with friends, creating a sense of community around their purchases. As online shopping continues to grow, it is clear that these platforms are changing how young people buy things today.

**Question 18.**

- A. These websites offer great discounts and promotions that attract shoppers looking for cheap deals
- B. Many young shoppers prefer to visit physical stores for a more personal experience
- C. Shopping online can be time-consuming, making it less appealing to young consumers today
- D. Discounts and promotions are available primarily for clothing and accessories on these platforms

**Question 19.**

- A. most online shoppers are concerned about shipping costs and delivery times for their online orders
- B. many young shoppers prefer to browse in physical stores for better quality and service
- C. more and more young consumers are choosing to buy their products online instead of in physical stores
- D. shopping online is becoming less popular on account of the rise of cheap and local markets and shops

**Question 20.**

- A. are constantly on the go and rely on digital platforms
- B. that being constantly on the go and rely on digital platforms
- C. whose hobbies are constantly on the go and rely on digital platforms
- D. who are constantly on the go and rely on digital platforms

**Question 21.**

- A. that are influenced by social media trends and online reviews
- B. having been influenced by social media trends and online reviews
- C. of which influences of social media trends and online reviews are understood
- D. are influenced by social media trends and online reviews

**Question 22.**

- A. encouragement is given for young shoppers to try new items
- B. adverts for new items have been seen by young shoppers
- C. new items are advertised for young shoppers to try
- D. young shoppers are encouraged to try new items

**Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the following questions from 23 to 30.**

Tourism has become one of the world's fastest-growing industries, with millions traveling annually to explore new destinations and cultures. However, the rapid expansion of mass tourism is increasingly under **scrutiny** due to its impact on local communities and the environment. As tourism grows, it raises concerns about sustainability and the long-term effects on the places and people being visited. Tourism has been identified as a significant driver of environmental degradation, cultural erosion, and social inequality in certain regions.

One of the key concerns associated with tourism is its environmental impact. As more travelers visit popular destinations, local ecosystems are strained. Deforestation, pollution, and wildlife disruption are some of the consequences of unmanaged tourism. For example, in the Galápagos Islands and Bali, tourism has led to the destruction of fragile ecosystems, overfishing, and coral reef damage. Air travel, in particular, contributes to carbon emissions, **exacerbating** global warming and disproportionately affecting vulnerable regions.

In addition to environmental issues, tourism often leads to cultural shifts in local communities. While tourism can bring economic benefits, **it** can also result in the commodification of local cultures. Indigenous traditions may be distorted or abandoned to cater to tourist demands. **In some communities, sacred rituals are performed as spectacles for entertainment, undermining their authenticity and diminishing the cultural heritage in the eyes of locals.**

In conclusion, the negative impacts of tourism on the environment and local cultures could be minimized if governments, businesses, and travelers adopt more sustainable practices. "Eco-tourism" promotes environmentally responsible travel, while "slow tourism" encourages deeper engagement with destinations and focuses on quality over quantity. By embracing these approaches, tourism can become a force for good, fostering both environmental preservation and cultural appreciation for future generations.

**Question 23.** Which of the following is **NOT** mentioned as a consequence of unmanaged tourism?

- A. Air pollution                      B. Deforestation                      C. Coral reef damage                      D. Soil erosion

**Question 24.** The word "**exacerbating**" in paragraph 2 is **OPPOSITE** in meaning to \_\_\_\_\_.

- A. aggravating                      B. worsening                      C. intensifying                      D. alleviating

**Question 25.** The word "**it**" in paragraph 3 refers to \_\_\_\_\_.

- A. communities                      B. tourism                      C. commodification                      D. benefits

**Question 26.** The word "**scrutiny**" in paragraph 1 could be best replaced by \_\_\_\_\_.

- A. negligence                      B. opposition                      C. examination                      D. disregard

**Question 27.** Which of the following best paraphrases the underlined sentence in paragraph 3?

***"In some communities, sacred rituals are performed as spectacles for entertainment, undermining their authenticity and diminishing the cultural heritage in the eyes of locals."***

- A. Turning sacred rituals into entertainment shows reduces their true meaning and cultural importance to locals.  
B. Sacred rituals are preserved and respected when performed for tourists.  
C. Rituals in some communities are done as entertainment, which harms their cultural value.  
D. Tourists' appreciation for sacred rituals increases their authenticity and cultural significance.

**Question 28.** Which of the following is **TRUE** according to the passage?

- A. Eco-tourism focuses on maximizing the number of tourists visiting a destination.  
B. Global warming is made worse by the substantial carbon emissions caused by air travel.  
C. Slow tourism encourages travelers to visit as many places as possible in a short time.  
D. Cultural shifts due to tourism always result in economic benefits for local communities.

**Question 29.** In which paragraph does the writer mention a conditional relationship?

- A. Paragraph 1                      B. Paragraph 2                      C. Paragraph 4                      D. Paragraph 3

**Question 30.** In which paragraph does the writer discuss ways to address the negative impacts of tourism?

- A. Paragraph 4                      B. Paragraph 1                      C. Paragraph 3                      D. Paragraph 2

**Read the following passage about the urban shift and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the following questions from 31 to 40.**

## The Silent Struggles: Domestic and School Violence in Vietnam

[I]. Domestic and school violence represent persistent and deeply concerning issues in Vietnam, often concealed beneath societal norms that prioritize family privacy and educational harmony. [II]. Despite significant efforts by the government and various organizations to raise awareness and implement protective measures, the pervasive nature of these forms of violence continues to **inflict profound psychological and physical harm** on countless individuals, particularly the most vulnerable. [III]. Understanding the nuances of these challenges is crucial for developing effective prevention and intervention strategies. [IV].

Domestic violence, encompassing physical, emotional, sexual, and economic abuse, remains alarmingly prevalent. While laws are in place to protect victims, cultural factors, such as the emphasis on maintaining family reputation and traditional gender roles, often deter victims from speaking out or seeking help. Many instances occur behind closed doors, making them difficult to detect and address. Women and children are disproportionately affected, enduring long-term trauma that impacts **their** mental health, educational attainment, and future relationships. For example, a child witnessing or experiencing violence at home may develop anxiety, depression, or behavioral problems, struggling to concentrate in school or form healthy social connections: **This cycle of violence can tragically perpetuate itself across generations if not broken.**

School violence, too, presents a multifaceted problem, ranging from physical assaults and bullying to cyberbullying and emotional intimidation. The rise of social media and digital platforms has unfortunately provided new avenues for harassment, extending beyond the school gates. While bullying might seem like a minor issue to some, its impact on victims can be devastating, leading to severe emotional distress, declining academic performance, and even suicidal thoughts. A student constantly **ridiculed** or ostracized by peers, for instance, might develop extreme shyness, withdraw from social activities, or refuse to attend school altogether. Teachers and school authorities often face challenges in identifying and addressing these incidents due to victims' reluctance to report, fear of retaliation, or inadequate training in handling complex social dynamics.

Addressing domestic and school violence requires a comprehensive and collaborative approach. Public awareness campaigns must challenge deep-seated cultural norms that normalize or excuse violence, encouraging victims and witnesses to report incidents. Education plays a vital role, not only in teaching students about healthy relationships and conflict resolution but also in training teachers and parents to recognize signs of abuse and respond appropriately. Strengthening legal frameworks, improving access to support services (like hotlines, shelters, and counseling), and ensuring swift, effective intervention from authorities are also essential. Ultimately, fostering a society where safety, respect, and open communication are paramount is key to dismantling these cycles of violence and protecting Vietnam's future generations.

**Question 31.** Where in paragraph 1 does the following sentence best fit?

*"This silent suffering undermines the very fabric of family life and the learning environment."*

- A. [I]                                      B. [IV]                                      C. [II]                                      D. [III]

**Question 32.** The phrase "**inflict profound psychological and physical harm**" in paragraph 1 could be best replaced by \_\_\_\_\_.

- A. create deep intellectual and physical well-being

- B. bring about significant mental and bodily damage
- C. result in negligible emotional and physical pain
- D. cause minor emotional and bodily injury

**Question 33.** The word "**their**" in paragraph 2 refers to \_\_\_\_\_.

- A. women and children
- B. victims
- C. instances
- D. traditional gender roles

**Question 34.** According to paragraph 2, which of the following is **NOT** a reason why victims of domestic violence might be deterred from seeking help?

- A. Emphasis on maintaining family reputation
- B. Traditional gender roles
- C. Occurrence behind closed doors
- D. Absence of protective laws

**Question 35.** Which of the following best summarizes paragraph 3?

- A. School violence is a problem involving physical assaults among students and happening within the school gates.
- B. Cyberbullying leading to severe emotional distress, declining academic performance, and even suicidal thoughts is the most common form of violence.
- C. School violence is a complex issue, including various forms of abuse, worsened by digital platforms, with significant negative impacts on victims and challenges for school authorities to address.
- D. Teachers and school authorities are generally well-equipped to handle all types of school violence effectively.

**Question 36.** The word "**ridiculed**" in paragraph 3 is **OPPOSITE** in meaning to \_\_\_\_\_.

- A. insulted
- B. scorned
- C. mocked
- D. extolled

**Question 37.** Which of the following is **TRUE** according to the passage?

- A. Both domestic and school violence often remain hidden due to societal norms.
- B. The rise of social media has helped reduce instances of school bullying.
- C. Domestic violence primarily affects men in Vietnamese society.
- D. Current laws in Vietnam are fully effective in protecting all victims of violence.

**Question 38.** Which of the following best paraphrases the underlined sentence in paragraph 2?

***"This cycle of violence can tragically perpetuate itself across generations if not broken."***

- A. Breaking the cycle of violence is impossible once it has begun in a family.
- B. The patterns of abuse can sadly continue from one generation to the next unless there is intervention.
- C. Experiencing violence at home leads to a guaranteed cycle of violence in future generations.
- D. Violence within families only occurs for one generation and then naturally stops.

**Question 39.** Which of the following can be inferred from the passage?

- A. Economic abuse is not considered a serious form of domestic violence in Vietnam.
- B. Strengthening legal frameworks alone is sufficient to eliminate domestic and school violence.
- C. Victims of school violence are ready to report incidents if asked by teachers and school authorities.
- D. Comprehensive solutions to violence require changes in both individual behavior and societal attitudes.

**Question 40.** Which of the following best summarizes the entire passage?

- A. The primary solution to violence in Vietnam lies in punishing perpetrators more severely and ignoring cultural factors.
- B. Vietnamese society is unwilling to discuss or address issues of domestic and school violence due to traditional norms.
- C. Vietnam faces ongoing challenges with domestic and school violence, necessitating multi-faceted solutions involving awareness, education, and strengthened support systems.
- D. Domestic and school violence are easily detected problems in Vietnam, mainly caused by a lack of strict laws and poor enforcement.

**THE END**