



Building a Paragraph

👉 "Make your paragraph PERFECT"

Letter	Type of Support	What it does
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P	Point (Topic sentence)	Your main idea
E	Example	A real situation
R	Result	What happens
F	Fact	Evidence / statistic
E	Explanation	Why it happens
C	Contrast	The other side
T	Thought (Opinion)	Your judgement

Your paragraph needs certain elements to be successful. Remember the following rules:

1. Always start with P (your point-your main idea)
2. Always include the two Es (Explanation and Example)
3. Choose another letter to use and you're DONE!!!

PERFECT-One Sentence for Each Type (Same Topic)

Topic: Teenagers and phone use

P (Point): Many teenagers spend too much time on their phones.

E (Example): For example, some students check their phones every few minutes during the day.

R (Result): As a result, they often feel tired and distracted at school.

F (Fact): According to studies, teenagers spend several hours a day on their devices.

E (Explanation): This is because social media apps are designed to keep users engaged.

C (Contrast): However, phones can also be useful for educational purposes.

T (Thought/Opinion): In my opinion, students should limit their screen time.

MODEL PARAGRAPHS

Many teenagers spend too much time on their phones (P - Point). For example, some students check social media as soon as they wake up and continue using their phones late at night (E - Example). This is because many apps are designed to keep users engaged with constant notifications and new content (E - Explanation). As a result, teenagers often feel tired at school and cannot concentrate properly (R - Result).



Many teenagers spend too much time on their phones (P - Point). According to recent studies, the average teenager spends more than four hours a day on their devices (F - Fact). This is because social media platforms are designed to keep users engaged with constant updates and notifications (E - Explanation). As a result, many students find it difficult to concentrate in class and often feel tired during the day (R - Result).



1. Now write your own paragraphs following the rules above. Remember to mark your sentences (check the model paragraphs).

a. One advantage of having a pet.

This image shows a full page of handwriting practice paper. It contains ten identical rows of horizontal guidelines. Each row is composed of three lines: a solid top line, a dashed middle line, and a solid bottom line, providing a structured space for practicing letter formation and alignment.

2. Now write a second paragraph with a different combination of sentences.

b. One disadvantage of spending a lot of time on your tablet

[illegible]