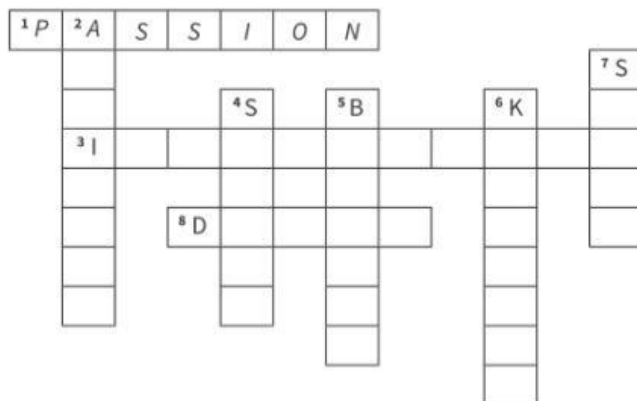


- 1 Use the clues to complete the crossword with personal quality words. You have the first letter.



Across

- 1 a powerful emotion like love or anger
- 3 something so good that others admire and are encouraged by it
- 8 the energy required to achieve things

Down

- 2 something you want to achieve in your life
- 4 enthusiasm, energy or courage
- 5 the ability to deal with danger or pain without appearing scared
- 6 the ability to behave in a caring way towards others
- 7 good judgement, especially about practical things

- 2 Choose the correct options to complete the sentences.

- 1 Medals of military valour are awarded to soldiers for their bravery / kindness in battle.
- 2 This company values employees who show *sense* / *commitment* to their job and are prepared to work long hours.
- 3 Our son has a *passion* / *spirit* for the sea which is why he's a marine biologist.
- 4 You'll need strong *bravery* / *determination* to be promoted and get the job you want.
- 5 She didn't have the *kindness* / *strength* to climb to the summit of the mountain.
- 6 I imagine you need *courage* / *inspiration* to be a good firefighter because the situations can be dangerous.

- 3 Match the phrasal verbs in the box to the definitions.

get away with get back get into
get on with get out of get round to
get through

- 1 to continue to do something get on with
- 2 to avoid being punished for something
- 3 to avoid doing something

- 4 to finally do something after a long time of planning to do it
- 5 to succeed in being chosen or elected
- 6 to deal with a difficult or unpleasant experience successfully
- 7 to receive something again having lost it

- 4 Put the words in the correct order to make sentences.

- 1 got / the university / wanted / He / into / the
He got into the university he wanted.
- 2 criminal / with / a picture / got / stealing / away / The
.....
- 3 got / exams / in the end / They / through / final / their
.....
- 4 the jacket / left / back / on the train / He / got / he
.....
- 5 I / Yesterday / went to / where I / the library / homework / on with my / got
.....
- 6 out / the washing-up / Mum / doing / got / because / of / cooked / she / dinner
.....
- 7 hadn't done it, / If / got / eventually / you / have / round / we would / it / to
.....

- 5 Choose the correct options.

- A: I think the Invictus Games are a great idea. I'm ¹ addicted to / *annoyed by* watching the athletics. It's amazing to see the strong ² *determination* / *courage* people have to succeed despite all the difficulties. The athletes are all a(n) ³ *commitment* / *inspiration* to me.
- B: I agree. I want to know where they get their ⁴ *sense* / *drive*. They ⁵ *establish* / *devote* so much time to their training. I can't even ⁶ *get round to* / *get away* going to the gym!
- A: True! And I thought you were going to ⁷ *give a talk* / *make an attempt* to do more exercise this year. Why do you want to ⁸ *get out of* / *get through* doing exercise? It can be fun, you know!