

Language

Read the Language Tip, then complete the sentences with the correct verb.

Language Tip

We use *try* + verb + - *ing* to give advice.

- Try *drinking* water.
- Try *taking* medicine.
- Try *sitting* down.

How to form verbs + - *ing*:

Most verbs

- add - *ing* → *eat* → *eating*

Verbs ending in - e (*make, take*)

- drop *e* + add - *ing* → *make* → *making*

Verb ending in vowel + consonant (*sit, run*)

- double the last letter → *sit* → *sitting*

1. Try _____ more water. (*drink*)
2. Try _____ to bed earlier. (*go*)
3. Try _____ every day. (*run*)
4. Try _____ this medicine after dinner (*take*).
5. Try _____ more sleep. (*get*)
6. Try _____ healthy meal. (*make*)

Lesson 25-26

Warm-up

Get ready

Activity 1

Activity 2

Activity 3

Activity 4

Activity 5

Activity 6

Cool down

Plenary &
Reflection

 **LIVEWORKSHEETS**