

Unit 3

our daily routine

L.O: Students will learn to describe their daily routine in English using simple vocabulary and sentences.

DAILY ROUTINE



Let's Learn!

Hello, little learners!

Today we will explore our daily routine. Let's learn how to talk about the things we do every day, from waking up to going to bed.





1. Speaking. Listen and Repeat:

1.1 Watch the video:



<https://www.youtube.com/watch?v=l-cSLXkp8oU>

- **Watch the video “My Day – Daily Routine”. Listen carefully and repeat the words or phrases you hear.**
- **Wake up – Despertarse**
- **Get up – Levantarse**
- **Wash my face – Lavarme la cara**
- **Brush my teeth – Cepillarme los dientes**
- **Take a shower – Bañarme / Ducharme**
- **Get dressed – Vestirse**
- **Have breakfast – Desayunar**
- **Go to school – Ir a la escuela**
- **Study English – Estudiar inglés**
- **Play with friends – Jugar con amigos**
- **Do homework – Hacer la tarea**
- **Have dinner – Cenar**
- **Go to bed – Ir a la cama / Acostarse**





2. Listening. Listen and Repeat:

Listen to the video carefully. Complete the sentences with the missing daily routine words.



<https://www.youtube.com/watch?v=hB99BPZplfs>

- I _____ up at seven o'clock.
- I _____ my teeth every morning.
- I _____ a shower before breakfast.
- I _____ breakfast with my family.
- I _____ to school at eight o'clock.
- I _____ English in the classroom.
- I _____ with my friends after school.
- I _____ my homework in the afternoon.
- I _____ dinner at night.
- I _____ to bed at ten o'clock.

Word Bank



- go
- brush
- wake
- study
- play
- take
- have
- do
- get





3. Reading:

3.1. Read the story.



My Daily Routine



Hello! My name is Alex.

I **wake up** at 7 o'clock every morning.

Then I **get up** and **brush my teeth**.

After that, I **take a shower** and **get dressed**.



At 7:30, I **I have** breakfast with my family.

Then I **go to school** at 8 o'clock.



At school, I **study English**

and **play** with my friends at recess.



In the afternoon, I **do** my homework.

In the evening, I **have dinner** with my parents.

At 10 o'clock, I **go to bed**.

I feel tired and happy after my day!





3.2 Choose the correct answer:

What time does Alex wake up?

- a) At 6 o'clock
- b) At 7 o'clock
- c) At 8 o'clock



What does Alex do after he brushes his teeth?

- a) He goes to school
- b) He takes a shower
- c) He has breakfast



What does Alex study at school?

- a) Math
- b) English
- c) Science



What does Alex do in the evening?

- a) He plays soccer
- b) He has dinner
- c) He goes to school





4. Grammar: Match the sentences on the left with the correct phrases on the right.

I brush

breakfast with my family.

I go

my homework in the afternoon.

I wake up

**with my friends after
school.**

I do

at seven o'clock.

I study

dinner with my parents.

I play

my teeth every morning.

I have

English at school.

I take

to bed at ten o'clock.

I have

a shower before breakfast.

I go

to school at eight o'clock

