

DEFINING BEAUTY STANDARDS

• USE THE REQUIRED VERBS IN THE FOLLOWING SENTENCES. CHOOSE FROM THE LIST.

1. Because of unhealthy diets, a lot of people _____ health problems.
2. They don't _____ pressure on themselves to be successful.
3. They _____ a diet rich in healthy fats like vegetable oils and fish.
4. You think long and hard before you _____ a choice.
5. He seems to have _____ control over how much he eats.
6. There are many ways to _____ this problem.

• CORRECT OR INCORRECT? CORRECT THE WRONG WORD.

1. This is just one problem between _____ many.
2. I saw something between _____ the wheels of the car.
3. Their house looks as _____ a castle.
4. Have you looked below _____ the bed?
5. The author's name was written below _____ the title.
6. He worked for a long time like _____ a teacher.

• CHANGE THE WORDS IN BRACKETS TO MAKE THEM FIT THE SENTENCES.

1. _____ loss without exercise is almost impossible. (weigh)
2. _____ agree that dairy products are the best source of calcium (nutrition)
3. Healthy _____ in midlife may help preserve cognitive function into early old age. (behave)
4. Change is scary and often _____ (pain)
5. Waiting for exam results is a time of great _____ (anxious)
6. Many people have _____ eating disorders. (vary)

• FILL IN PREPOSITIONS.

1. More and more young people worry _____ the way they look.
2. An unhealthy life style leads _____ serious problems.
3. The young people were engaged _____ a heated dispute.
4. High sugar consumption is linked _____ numerous health problems.
5. He decided to keep _____ a diet of vegetables and fruits.
6. She was diagnosed _____ anorexia.
7. When she became aware _____ her problem, she started to accept her body image.
8. I've had some difficulties, but they were nothing compared _____ yours.
9. _____ a certain point, she stopped eating altogether.