

APPLY Complete the text with the correct form of each verb in parentheses. Then compare answers with a partner. Why did you choose each tense? How does it show the order of events?

We tend to think of memories as being something we can control, but sometimes they can appear out of nowhere.

I suffer from flashbacks, which means I suddenly remember something from the past—usually something traumatic.

The first time it ¹
(happen), I ²
(walk) along the corridor at work, and suddenly, I
³ (find) myself
reliving a memory.

I ⁴ (have)
completely lost connection with the present. I was really
frightened by the experience, so I went to see my doctor.
She ⁵ (tell) me
that I ⁶ (work) too
hard and that I needed to take some time off and get more
sleep.