

MÃ SỐ 21
[40 ĐỀ TÌNH HOA]

ĐỀ THI THỬ VÀO 10 HÀ NỘI 2026

LỚP 9 | MÔN TIẾNG ANH – Thời gian: 60 phút

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions from 1 to 2.

Question 1: A. passed B. managed C. cleared D. threatened

Question 2: A. valentine B. imagine C. discipline D. determine

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions from 3 to 4.

Question 3: A. personal B. average C. institute D. establish

Question 4: A. apartment B. benefit C. argument D. vacancy

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 5 to 12.

Question 5: After pronunciation lessons, Duy speaks _____ than before, so foreigners understand _____ him _____ better.

A. clearer B. more clearly C. as clear D. the most clearly

Question 6: This morning, we _____ a traffic jam on the way to school, so the teacher allowed us to _____ enter _____ quietly.

A. took away B. cut down on C. came back D. got stuck in

Question 7: In rural areas, children begin primary _____ at six, though some start later due to long travel distances.

A. educate B. educational C. educationally D. education

Question 8: A teenager shares good news about joining a school club.

Nam: "I got into the school football team after the tryout!"

Huy: "_____"

A. That's not important.

B. Congrats! Well done!

C. You shouldn't join any clubs.

D. Are you sure? I don't believe you.

Question 9: _____ French are famous for their cuisine.

A. A

B. An

C. The

D. Ø

Question 10: Please be quiet! The teacher _____ a lecture.

A. was giving

B. give

C. have given

D. is giving

Question 11: If I _____ get access to the internet, I'll email the report to the teacher.

A. can

B. could

C. would

D. might

Question 12: We are used to _____ the bus, so we always check the timetable before leaving.

A. take

B. to take

C. took

D. taking

Read the following announcement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 13 to 16.

SCHOOL FIELD TRIP – TRAVEL PRACTICE

On this trip, you will practise simple travel skills: reading signs, keeping tickets, and following a map.

Place: City Museum and Riverside Walk

Date: Saturday, May 8

Time: 7:00 a.m.–12:30 p.m.

Please wait (13) _____ the school bus stop near the gate at 6:50 a.m. Bring a hat and comfortable shoes. It is helpful to bring (14) _____ change for a drink or a snack. At the museum, each group will follow a simple (15) _____ to find the main rooms in order. For the (16) _____ news about the trip, **check** the notice board after school.

Question 13: A. in B. on C. by D. at

Question 14: A. every B. much C. few D. some

Question 15: A. map B. uniform C. bottle D. wallet

Question 16: A. latest B. earliest C. fastest D. newest

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 17 to 18.

(17) _____ Many people try a “healthy lifestyle” by copying strict plans from social media. However, real habits are easier to keep when they fit your schedule and your body. (18) _____ Over time, small changes often build a lifestyle that feels natural, not forced.

Question 17: Choose the sentence that can **BEGIN** the text most appropriately.

- A. Many restaurants sell fast food, and it is popular with busy office workers.
- B. Some athletes train very hard daily, so they can win medals for their country.
- C. A good lifestyle is not a perfect rulebook, but a set of choices you can repeat.
- D. People sometimes buy new clothes, because they want to look more fashionable.

Question 18: Put the sentences (a–c) in the correct order, then fill in the blank to make a logical text.

- a. If you sleep a little earlier, you may feel better without changing everything else.
- b. Choosing one simple goal, like walking more, can make progress feel realistic.
- c. When you plan meals, adding vegetables first is often easier than removing all snacks.

A. b – c – a B. a – b – c C. c – b – a D. b – a – c

Mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 19 to 24.

Sports are a fun way to stay active and healthy. They help us improve our physical fitness and can also be a great way to (19) _____ new friends. There are many types of sports to choose

from, such as football, basketball, swimming, and tennis. Each sport has its own rules and skills, so everyone can find something they enjoy. Playing sports teaches us teamwork, discipline, and (20) _____ both winning and losing. Many people play sports in teams, which makes it exciting and social. For (21) _____ to exercise alone, activities like running, cycling, or yoga are great options. Participating in sports can help reduce stress and improve our mood. It is important to have fun and enjoy the game, (22) _____ we are beginners or experienced players. Sports are not just about competition; they are about having fun, staying healthy, and building friendships. (23) _____, whether you like playing or watching, sports (24) _____ bring joy to our lives!

Question 19: A. get B. make C. take D. have

Question 20: A. what handling B. what to handle C. how to handle D. how handling

Question 21: A. those which prefer B. those who prefer
C. those where preferring D. those that prefers

Question 22: A. no matter if B. no matter when C. not matter but D. matter no what

Question 23: A. So B. Yet C. As D. But

Question 24: A. should B. can C. must D. could

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions from 25 to 26.

Question 25: "What do you want?" he asked me.

A. He asked me what I want. B. He asked me what I wanted.
C. He asked me what do I want. D. He asked me what did I want.

Question 26: My father was fond of playing traditional games when he was young.

A. My father didn't enjoy playing traditional games when he was young.
B. My father was keen on to play traditional games when he was young.

C. My father loved playing traditional games when he was young.

D. My father enjoyed to play traditional games when he was young.

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is best made from the given cues in each of the following questions from 27 to 28.

Question 27: Offer / flowers / ancestors / special festivals / meaningful tradition / many Vietnamese families.

A. Offer flowers for ancestors during special festivals is a meaningful tradition in many Vietnamese families.

B. Offering flowers for ancestors on special festivals is the meaningful tradition in many Vietnamese families.

C. Offering flowers to ancestors during special festivals is a meaningful tradition in many Vietnamese families.

D. Offer flowers to ancestors at special festivals is a meaningful tradition over many Vietnamese families.

Question 28: education systems / experience / rapid growth / their / quality issues / remain.

A. Even if education systems experience rapid growth, their quality issues are remaining.

B. Despite of education systems experiences rapid growth, their quality issues remains.

C. Although education systems experience rapid growth, their quality issues remain.

D. In spite of education systems experiences rapid growth, their quality issues remain.

Read the following notice or message and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 29 to 30.

Question 29: What does the notice mean?

- A. Someone is selling new cycling equipment.
- B. A bicycle is for sale together with cycling equipment.
- C. The seller only delivers the bicycle.
- D. The bicycle cannot be delivered.



Question 30: What does William want to say?

- A. He and Patrick are not attending any sporting events this weekend.
- B. He and Patrick can watch the football match on Saturday.
- C. He and Patrick can watch another football match before the storm.
- D. He and Patrick can watch the football match after the storm.



Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 31 to 36.

A Message With No Reply

Linh sent her first message at seven in the morning. By noon, she had sent eleven more. Her friend had not replied to any of them. Linh put her phone face-down on the desk, picked it up again, then put it down once more. She was not angry. She was just waiting, in the way that only people who care too much about a small screen can understand.

This is a feeling many teenagers know well. Digital devices have made it easier than ever to reach the people we love, yet somehow, the waiting still hurts just as much as it always did. In fact, some researchers suggest that constant connectivity can make young people more anxious, not less. When a reply does not come, the silence feels louder than it would have in a world without smartphones. We now have the tools to talk to anyone, anywhere, at any time, but we have not yet learned how to feel comfortable when those tools go quiet.

None of this means technology is something to fear. It means that being close to someone has never really been about the device in our hands. Linh eventually put her phone in her bag and went for a walk. She noticed the afternoon light on the road, a cat sleeping on a wall, and the smell of food

from a nearby house. When she came home, there was a message waiting. Her friend had been in class. Everything was fine. The walk, it turned out, had been the best part of her day, and she had almost **forfeited** it by staring at a screen. Some things, even in a world of instant communication, still ask us to simply **persevere** and wait.

Question 31: Which of the following is NOT mentioned about Linh's actions before she went for a walk?

- A. She kept checking her phone again and again
- B. She placed her phone face-down on the desk
- C. She sent many messages before getting a reply
- D. She called her friend during the lunch break

Question 32: The word "**persevere**" in the third paragraph is closest in meaning to _____.

- A. struggle
- B. continue
- C. improve
- D. organize

Question 33: What can be inferred about Linh's walk in the final paragraph?

- A. It was a planned activity to help her forget about the missing reply.
- B. It provided her with more exciting news than the message she received.
- C. It offered a valuable experience that was independent of her digital life.
- D. It was the only reason why her friend finally decided to send a message.

Question 34: According to the second paragraph, what is a paradoxical effect of being constantly connected?

- A. Teenagers find it much harder to reach their loved ones despite new tools.
- B. The availability of communication tools can lead to increased mental distress.
- C. Digital silence is much easier to handle than it was in the era before phones.
- D. Most researchers encourage young people to use smartphones for better comfort.

Question 35: The word "**forfeited**" in the third paragraph is opposite in meaning to _____.

- A. ignored
- B. followed
- C. retained
- D. deserved

Question 36: Which of the following best summarises the main content of the passage?

- A. The importance of patience and real-world connection in the digital age.
- B. The technical difficulties of sending messages through modern smartphones.
- C. A comparison between the communication habits of teenagers and adults.
- D. How to use digital devices effectively to avoid feeling anxious and lonely.

Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.

Smart devices, AI, and health tech are mixing together more than ever. Many people (37) _____, track sleep, or check heart rate. At the same time, AI apps can read this data and give simple advice, like “walk more” or “sleep earlier.” This trend feels modern and helpful, especially for busy workers who want quick results. But it also creates a new debate: are we improving health, or just becoming controlled by numbers?

On the positive side, these tools can motivate users. A small goal, like 8,000 steps a day, is easy to understand. Some apps also warn users about unusual heart rate or stress signs, (38) _____. However, there are risks. People may worry too much when they see “bad” data, even if it is not serious. Another hot issue is privacy. (39) _____.

In my opinion, the best choice is balance. (40) _____. Governments and tech firms should also be clearer about data use, and users should have simple privacy controls. If we combine innovation with responsibility, health tech can be a real benefit, not a new pressure.

- A. We can use AI and wearables to notice patterns, but we should not follow every notification like a rule.
- B. now wear a smartwatch to count steps
- C. which may help them act early
- D. Health data is very personal, and companies may store it, share it, or use it for ads

Question 37: _____. Question 38: _____. Question 39: _____. Question 40: _____.