

I DON'T WANT TO BE THE ODD ONE OUT!

[A] The emails we have received from teenagers this week point to the effects of peer pressure, which is when you do things because you want to be accepted or valued by your friends. If teens fail to do what their group of friends want them to do, they may not be accepted or may even be bullied.

[B] In many cases, peer pressure can lead to depression, low self-confidence, distance from family and poor school performance. It can also lead to bigger social issues. It was reported that 70% of teenage smokers surveyed in the US started smoking because they had friends who were smoking.

[C] It is not always easy to stand up to peer pressure, but sooner or later you need to decide what is best for you. Choose the right friends, learn to say no when you don't feel comfortable and don't hesitate to talk to an adult when the situation looks dangerous. And remember it's sometimes OK to be 'the odd one out'.

1. The definition of 'peer pressure' _____
2. How peer pressure can cause social issues _____
3. Dealing with peer pressure _____
4. The possible problems facing teens if they do not follow their peers _____