

Simple Past Tense

Part 1: Regular Verbs

Instructions: The sentences below talk about things that happened in the past. Complete each sentence by changing the regular verb in the brackets into the Past Tense (remember to add -ed or -d).

1. Yesterday, the nurse _____ (smile) at me when I visited the surgery.
2. I _____ (listen) to the doctor and took my medicine.
3. We _____ (walk) to the chemist to buy some medicine for my cold.
4. He felt very cold, so he stayed in bed and _____ (rest).
5. I _____ (remember) to wash my hands to stay healthy.
6. Last week, my sister _____ (visit) the surgery because she had an earache.
7. The boy _____ (phone) the doctor because his head hurt.
8. We _____ (play) with toys in the waiting room.
9. The teacher _____ (ask) the children how they felt this morning.
10. I _____ (look) at the books while I waited to see the nurse.

Part 2: Irregular Verbs

Instructions: These "tricky" verbs change their spelling completely in the past. Fill in the blanks with the correct Past Tense form of the irregular verb in the brackets.

1. I _____ (have) a bad stomach-ache after lunch yesterday.
2. She _____ (wake up) with a toothache this morning.
3. The doctor _____ (say), "Open your mouth and say 'Ahhh'."
4. He _____ (eat) some soup because he had a sore throat.
5. I _____ (see) the doctor in the small, friendly office.
6. They _____ (are) at the hospital to visit their grandmother.
7. My friend _____ (feel) very unwell on Monday.
8. We _____ (go) to the surgery because it was less busy than the hospital.
9. I _____ (sit) on a chair in the waiting room.
10. The nurse _____ (give) me some medicine for my cough.

What happened yesterday?

A. Write the words in the story.

Word bank:

phoned – jumped – shouted – visited – played – listened to – watched – landed – looked at –
walked – jumped

1. Yesterday, Daisy _____ Clara and Oliver. 'I need some apples,' she said.
2. Clara and Oliver _____ to the market square to buy the apples.
3. They _____ their grandmother to give her the apples.
4. Then they _____ in the park. It was sunny.
5. Suddenly, a spaceship _____.
6. A little monster was in the spaceship. Clara and Oliver _____ him.
7. It rained. The monster _____, 'Rain! Help!'
8. The children _____ him shout, 'Help!'
9. Clara and Oliver _____ in the puddles. They were happy.
10. The monster _____ them.
11. The monster _____ in the puddles too.
12. Everyone was happy!