

Task 1

Circle the best answer.

1. What has made Clara check on Ben?
 - a. He missed their class that day.
 - b. He's missed a few classes.
 - c. He has a lot of essays to write.

2. What does Ben do at the beginning of the conversation?
 - a. He makes the problem sound more than it is.
 - b. He makes the problem sound less than it is.
 - c. He is honest about the problem from the start.

3. What is the main way Ben's anxiety is affecting normal life?
 - a. He feels stupid.
 - b. He can't remember what day it is.
 - c. He doesn't want to go out.

4. What is the surprising thing about panic attacks, according to Clara?
 - a. How many people have them.
 - b. That they make you feel so bad.
 - c. That people keep their panic attacks private.

5. How does Clara recognise Ben's problem is panic attacks?
 - a. She had the same problem in the past.
 - b. She has the same problem now.
 - c. She and Ben live together.

6. What does Clara warn Ben about the advice she will give?
 - a. It will be difficult to hear.
 - b. It won't be easy to follow.
 - c. It isn't very practical.