

Name:.....

REVISION SCIENCE

I. Read and circle the correct answer

- Which of the following is a source of carbohydrates?
A. Fish B. Rice C. Eggs D. Milk
- What nutrient helps build and repair body issues?
A. Vitamins B. Fats C. Proteins D. Carbohydrates
- Which food gives us a lot of energy?
A. Bread B. Lettuce C. Water D. Salt
- Fruits and vegetables are rich in:
A. Proteins B. Vitamins and minerals C. Fats D. Carbohydrates
- What do fats provide to the body?
A. Strength B. Energy and warmth C. Muscles D. Water
- Which of these is a healthy habit?
A. Eating only sweets B. Drinking soft drinks every day
C. Eating balanced meals D. Skipping breakfast
- Which of these foods is high in protein?
A. Banana B. Chicken C. Bread D. Apple
- Water is important for the body because it helps:
A. Build bones B. Keep the body hydrated
C. Provide energy D. Make us fat
- Which food group should we eat the most from?
A. Oils and fats B. Sweets C. Vegetables and grains D. Junk food
- A balanced diet includes:
A. Only meat and rice B. All types of nutrients in the right amount
C. Only fruits D. Only water

II. Fill in the blanks with words from the box

light shadows straight opaque objects window

- Light travels in lines.
- Opaque objects block and form
- A glass is not an opaque object.
- do not let light pass through.

III. Choose the correct answer

- Which tool is used to measure temperature?
A. Protractor B. Thermometer C. Stopwatch

2. Which of the following is NOT a thermal conductor?

- A. Iron spoon B. Wooden stick C. Metal tray

3. Which food belongs to Group 2 (Body-building)?

GROUP 1	GROUP 2	GROUP 3
Rice, bread	?	Bananas, oranges

- A. Beef B. Oil C. Grapes

4. Which food group do butter and oil belong to?

- A. fat B. carbohydrates C. vitamins

5. This food is rich in

- A. protein B. carbohydrate C. vitamin



6. Tuan's family is eating noodles and beef. Which food should they add to improve their eyesight?

- A. Cucumbers B. Carrots C. Eggs

7. What is the correct classification for: potatoes, grapes, tuna, and chicken?

- A. Carbohydrate: potatoes, Protein: tuna and chicken, Vitamin: grapes
B. Carbohydrate: tuna, Protein: chicken, Vitamin: potatoes and grapes
C. Carbohydrate: grapes, Protein: potatoes, Vitamin: tuna and chicken

8. A girl is playing the violin beautifully. The sound is:

- A. unpleasant B. noisy C. pleasant

9. Choose the INCORRECT statement.

- A. Loud sounds are always pleasant.
B. Seafood is high in iron which is necessary for our blood.
C. Vibrations make sound.

10. Which of the following is a pleasant sound?

- A. A door slamming B. A piano melody C. A siren

11. Which is an unpleasant sound?

- A. A baby crying loudly B. A soft guitar tune C. A singing bird

12. Which of the following statements is INCORRECT about sound?

- A. Sound travels in water.
B. Sound needs a medium to travel.
C. Sound can travel in space.

IV. Fill in the blanks with the correct word or number

1. Fill in the blank with ONLY ONE WORD

We use a to measure how hot or cold something is.

2. Fill in the blank with ONLY ONE WORD

A spoon is made of wood. It is a thermal

3. Fill in the blank with ONLY ONE WORD

The of melting ice is 0 degrees Celsius.

4. Fill in the blank with ONLY ONE WORD

Eating bananas can protect our system.

5. Fill in the blank with ONLY ONE WORD

When a drum is hit, the sound is made by the skin's

6. Fill in the blank with ONLY ONE WORD

To avoid burning her hands, Mai wears rubber gloves. Rubber is a thermal

7. Fill in the blank with ONLY ONE NUMBER

Here is a list of foods: pork, bread, noodles, chicken, avocado, fish, rice.

..... of them are high in carbohydrate.

8. Fill in the blank with ONLY ONE WORD

Noises are and can hurt our ears.