

**Exercise:**

**True (T) or False (F)**

1. People are eating unhealthy food. \_\_\_\_
2. Some people are exercising. \_\_\_\_
3. Sleep is not important. \_\_\_\_
4. People are relaxing at home. \_\_\_\_
5. Everyone is ignoring sanitation. \_\_\_\_
6. People are washing hands. \_\_\_\_
7. Some people boil water. \_\_\_\_
8. People throw trash in rivers. \_\_\_\_
9. These actions help communities. \_\_\_\_