

Name: .....

Class: .....

### MOCK TEST

Time allowance: 35 minutes

**1. Read the description. Write the correct word. There is one extra word.**

|          |      |      |      |           |
|----------|------|------|------|-----------|
| balanced | pull | soil | diet | magnetism |
|----------|------|------|------|-----------|

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| M | W | L | A | N | C | E | D | Y | B |
| X | A | Q | Z | V | M | J | I | S | A |
| T | U | G | I | D | T | W | E | O | L |
| H | L | B | N | Q | A | X | D | I | A |
| M | L | K | F | E | G | N | E | L | N |
| A | Z | S | O | I | T | V | T | W | C |
| G | R | D | W | S | O | I | L | X | E |
| E | E | I | I | C | Y | H | S | K | D |
| N | V | E | P | U | L | L | Z | M | Q |
| T | X | T | J | W | R | N | A | B | S |

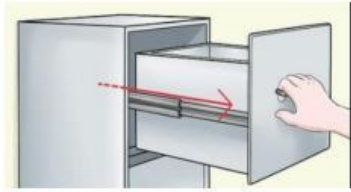
- ..... : containing the right amount of foods from all groups.
- ..... : the force of a magnet.
- ..... : the foods and drinks we often eat.
- ..... : special mixture of small pieces of rock and humus.
- ..... : to move an object towards you.

**2. Choose the correct answer.**

- Push and pull can change an object's ....
  - mass
  - shape
  - weight

b. An example of a *pull* is .....

- A. opening a drawer   B. throwing a ball   C. pressing a button



c. .... rocks let water move through.

- A. Sedimentary  
B. Metamorphic  
C. Igneous

d. Which of the following objects is non-magnetic?

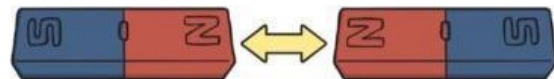
- A. Paper cup  
B. Steel scissors  
C. Iron key

e. .... is the force that gives us grips and slows things down.

- A. Magnetism  
B. Pull  
C. Friction

f. These two magnets will ...

- A. attract each other  
B. repel each other  
C. change each other's shape

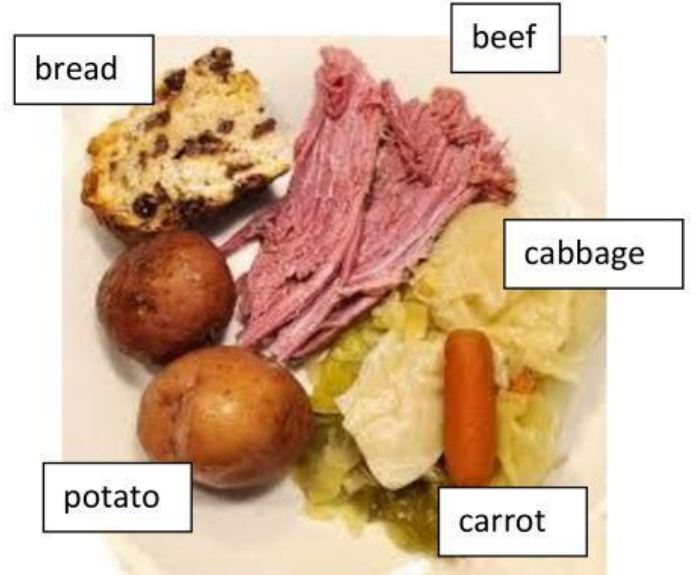


**3. Read the statements. Choose True or False.**

- |                                                                    |      |       |
|--------------------------------------------------------------------|------|-------|
| a. We need to eat only fat to help us live and grow.               | True | False |
| b. Smooth surfaces create less friction.                           | True | False |
| c. Fossils form when living things die and become trapped in rock. | True | False |
| d. Opposite poles of magnets repel each other.                     | True | False |

e. Sedimentary rocks form when hot liquid rock cools down. **True** **False**

5. Look at the pictures. Check (✓) the food groups in each meal. Sort the foods into the correct groups.



☐ Carbohydrates:  
.....

☐ Proteins:  
.....

☐ Fats and oils:  
.....

☐ Vitamins and minerals:  
.....

☐ Carbohydrates:  
.....

☐ Proteins:  
.....

☐ Fats and oils:  
.....

☐ Vitamins and minerals:  
.....

6. Choose the correct word to complete the sentence.

- Vitamins and minerals** / **Proteins** help us build muscles.
- A **push** / **pull** moves the object toward you.
- Loam** / **Chalky** soil is a good mixture of sand, clay and humus.
- We need **different** / **one** type(s) of food to keep us alive and grow.

6. Roy finds this label on a packet of food.

Is this food a healthy choice? Explain.

This food is ..... because it contains .....

.....  
.....

**HIGH** Fat  
24.0g per serving

**HIGH** Saturates  
10.5g per serving

**MED** Sugars  
7.2g per serving

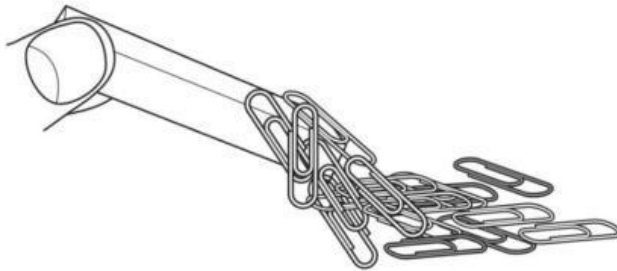
**HIGH** Salt  
2.8g per serving

490 Calories  
per serving

7. Daisy uses a magnet to attract paper clips.

This magnet only attracts five paper clips. The other clips are not attracted.

What materials might the other clips be made of?



.....