

Weekly Skincare Routine – Day & Night Overview

Combination–Oily Skin | Pores | Glow | Anti■Aging (Age 36)

DAY	MORNING (AM)	NIGHT (PM)
Monday	Cleanser Rice Toner Vitamin C Kombucha Cream Sunscreen	Cleanser Rice Toner Kombucha (thin) Avène Retrinal 0.1 Kombucha
Tuesday	Cleanser Rice Toner Glow Serum Kombucha Cream Sunscreen	Cleanser Rice Toner BOJ Revive Serum Kombucha
Wednesday	Cleanser Rice Toner Vitamin C Kombucha Cream Sunscreen	Cleanser Ground Rice & Honey Mask Rice Toner Kombucha
Thursday	Cleanser Rice Toner Glow Serum Kombucha Cream Sunscreen	Cleanser Rice Toner Kombucha (thin) Avène Retrinal 0.1 Kombucha
Friday	Cleanser Rice Toner Vitamin C Kombucha Cream Sunscreen	Cleanser Rice Toner BOJ Revive Serum Kombucha
Saturday	Cleanser Rice Toner Glow Serum Kombucha Cream Sunscreen	Cleanser Rice Toner Gentle night (no actives) Kombucha
Sunday	Water or Cleanser Rice Toner (2 layers) Kombucha Sunscreen	Cleanser Rice Toner BOJ Revive Serum Kombucha (thicker layer)

Notes: Retinal = 2x/week only. Vitamin C = 3 mornings/week. Do not combine retinal with masks or exfoliation. Always wear sunscreen in the morning.