

수특 6번 Quiz

1. The author most strongly claims that athletes should

- A. always breathe quickly during competition to maximize adrenaline.
- B. practice slower breathing outside performance to manage arousal.
- C. avoid any breathing control because it reduces competitiveness.
- D. use medication instead of breathing techniques to calm down.

2. According to the passage, why is it important for athletes to learn slow breathing?

- A. Slow breathing increases the sympathetic nervous system during performance.
- B. Slow breathing helps reduce fight-or-flight responses outside performance.
- C. Slow breathing makes breathing rate naturally increase during competition.
- D. Slow breathing trains the body to produce more adrenaline.

3. The word "aroused" in sentence ② most nearly means

- A. tired and exhausted.
- B. calm and relaxed.
- C. excited and activated.
- D. confused and uncertain.

4. Which choice best expresses a balanced conclusion the author implies about breathing and athletic performance?

- A. Athletes should only focus on fast breathing because recovery is unimportant.
- B. Athletes should ignore breathing techniques during training to stay natural.
- C. Athletes should both use faster breathing during performance and practice slower breathing for recovery.
- D. Athletes can rely solely on adrenaline and never practice breathing control.

수특 7번 Quiz

1. What is the main argument the author makes about restricting the vote to citizens after 1920?

- A. Restricting the vote to citizens improved election administration.
- B. Restricting the vote to citizens helped maintain an exclusionary kind of citizenship.
- C. Restricting the vote to citizens was necessary to lower voter fraud.
- D. Restricting the vote to citizens made local government less democratic.

2. In sentence 2, the author asks, “why should they not count as citizens, and the entire distinction between resident alien and citizen be abandoned?” This question is used mainly to:

- A. introduce a new historical example about alien voting.
- B. show confusion about the legal definition of “resident alien.”
- C. challenge the consistency of excluding noncitizen voters from citizenship.
- D. summarize the history of suffrage laws in the United States.

3. Which phrase from the passage best supports the idea that residence is the most convincing test of who should make laws?

- A. “If the vote, of all rights, is in the hands of noncitizens…”
- B. “the only way to maintain an exclusionary kind of citizenship…”
- C. “the laws concerning our common life must be made by all those who are taking part in it”
- D. “the disappearance of alien voting”

4. The author’s tone toward excluding noncitizens from voting is best described as:

- A. approving and celebratory.
- B. neutral and purely descriptive.
- C. critical of the exclusionary practice.
- D. humorous and sarcastic.