

CAM 20 - TEST 1 - PART 3

Questions 21 and 22

Choose **TWO** letters, A–E.

Which **TWO things** do the students both believe are responsible for the increase in loneliness?

- A social media
- B smaller nuclear families
- C urban design
- D longer lifespans
- E a mobile workforce

Questions 23 and 24

Choose **TWO** letters, A–E.

Which **TWO health risks** associated with loneliness do the students agree are based on solid evidence?

- A a weakened immune system
- B dementia
- C cancer
- D obesity
- E cardiovascular disease

Questions 25 and 26

Choose **TWO** letters, **A–E**.

Which **TWO** **opinions** do both the students express about the evolutionary theory of loneliness?

- A It has little practical relevance.
- B It needs further investigation.
- C It is misleading
- D It should be more widely accepted.
- E It is difficult to understand.

Questions 27–30

Choose the correct letter, **A, B or C**.

Loneliness and mental health

27 When comparing loneliness to depression, the students

- A. doubt that there will ever be a medical cure for loneliness.
- B. claim that the link between loneliness and mental health is overstated.
- C. express frustration that loneliness is not taken more seriously.

28 Why do the students decide to start their presentation with an example from their own experience?

- A. to explain how difficult loneliness can be
- B. to highlight a situation that most students will recognise
- C. to emphasise that feeling lonely is more common for men than women

29 The students agree that talking to strangers is a good strategy for dealing with loneliness because

- A. it creates a sense of belonging.
- B. it builds self-confidence.
- C. it makes people feel more positive.

30 The students find it difficult to understand why solitude is considered to be

- A. similar to loneliness.
- B. necessary for mental health.
- C. an enjoyable experience.