

**Choose the correct answer from ( A, B, C, or D )**

1. To stay healthy, you should eat food that has every important .....  
a) failure                      b) nutrient                      c) movement                      d) emotion
2. A good leader needs to stay ..... even when things go wrong.  
a) tired                      b) unfair                      c) calm                      d) dynamic
3. You must practice every day if you want to ..... your goals.  
a) achieve                      b) repair                      c) rise                      d) depend on
4. Exercise helps you improve your physical ..... and energy.  
a) decision                      b) stress                      c) strength                      d) failure
5. Working together with a ..... makes the job much easier.  
a) victory                      b) teammate                      c) growth                      d) limit

