IB MYP 4 Language Acquisition
S.Y. 2025 – 2026

Term 2: Unit 1
Worksheet #7

Name: _____ Date: _____

Grade Level: _____ Achievement Level: _____

Criterion D: Writing

1. Read the different prompts.
2. Choose which topic you are interested in by ticking the box.

Prompt

1. The Nutritional Value of On-Campus Dining Options

Recently, there has been a significant rise in student complaints regarding afternoon fatigue and a lack of focus during late-day classes, which may be linked to current midday eating habits. Your teacher has asked you to write a formal investigative report for the school's Nutrition and Wellness Committee.

In your report, explore the nutritional content of the most popular meals sold in the school cafeteria and compare these findings with recommended dietary guidelines for adolescents. Make specific suggestions for menu changes or "healthy grab-and-go" initiatives that would stabilize student energy levels and support long-term physical health.

2. Sleep: The Brain's "Janitor"

Sleep isn't just rest; it's a "superpower" that cleans your brain and saves what you learned during the day. Your teacher has asked you to write a formal investigative report for the school's Athletic and Academic Performance Board.

In your report, investigate how a lack of sleep makes students perform worse on tests and in sports. Suggest a simple routine that helps students get the deep sleep they need to succeed.

3. Social Media & "Happy Chemicals"

Apps are designed like "slot machines" to keep you scrolling by using a brain chemical called dopamine. Your teacher has asked you to write a formal investigative report for the school's Mental Health Task Force.

In your report, inquire into why it is so hard to put down the phone and how the "Highlight Reel" makes students feel bad about their own lives. Suggest specific "stop signs," like timers, that students can use to take control of their screen time.

LIVEWORKSHEETS

Title

LIVEWORKSHEETS

Part III. Student's Reflection

What went well…	Even better if…

Part IV. Teacher's Feedback

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LIVEWORKSHEETS