

UNIT 3: MUSIC

Music has been an important part of human life for thousands of years. From traditional drums in ancient villages to modern pop songs on the radio, music connects people in ways that words sometimes cannot. It can express feelings of happiness, sadness, or excitement. Many people listen to music to relax, focus, or feel motivated.

Scientists have discovered that music can actually change the way our brains work. When we listen to music we enjoy, our brains release a chemical called dopamine, which makes us feel pleasure. This is why people often turn to their favorite songs when they feel stressed or tired.

Different cultures around the world have their own unique styles of music. For example, classical music from Europe is very different from traditional Indian or African rhythms. However, despite these differences, music often brings people together. Concerts and festivals show how powerful this shared experience can be.

Today, technology allows anyone to create and share music easily. With apps and digital tools, even beginners can produce their own songs and upload them online. Music continues to evolve, but its power to inspire, heal, and unite people remains the same.

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I. Match the Words with Their Definitions

1. Rhythm

a. The customs and ideas of a particular group of people

2. Motivate

b. The repeated pattern of sounds in music

3. Culture

c. To encourage someone to act or work harder

4. Stress

d. A feeling of great pleasure or happiness

5. Pleasure

e. A feeling of worry or pressure

Name: _____

Class: _____

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II. True or False

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1. Music has existed for only a few hundred years.		
2. Listening to enjoyable music can make people feel happier.		
3. Every culture has the same type of music.		
4. Technology makes it easier for people to create music today.		
5. Music can help connect people around the world.		

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III. Multiple-Choice Questions

1. What is the main idea of the passage?

- A. Music is becoming less popular
- B. Music has power to connect and inspire people
- C. Only scientists understand music
- D. Music is difficult to create

2. What chemical does the brain release when we enjoy music?

- A. Oxygen
- B. Adrenaline
- C. Dopamine
- D. Serotonin

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3. Why do people often listen to their favorite songs?

- A. To feel more stressed
- B. To relax or feel better
- C. To avoid sleeping
- D. To remember old traditions

4. What makes it easier for beginners to create music today?

- A. Musical instruments only
- B. Books about music theory
- C. Digital tools and apps
- D. Expensive studios

5. According to the passage, what remains the same about music?

- a. Its power to inspire and unite people
- B. Its instruments and styles
- C. Its language
- D. Its cost