

Lesson B *too, too much, too many, and enough*

A Complete the online forum conversation with *too*, *too many*, *too much*, and *enough*.

Common errors

Use *too many* with plural countable nouns.

I ate *too many* cookies.

(NOT I ate ~~too much~~ cookies.)

A few months ago, I completely changed my eating habits. I used to eat too much sugar, _____ processed fat, and _____ take-out meals. I also didn't eat my meals slowly _____ because I was always rushing out somewhere. My mother was always saying 'You eat _____ quickly.' or 'You're not eating _____ protein,' and as for fast food, I know I definitely ate _____. I really thought my mom complained _____, but actually I guess I didn't pay _____ attention to her. I got sick! The doctor said my diet wasn't healthy _____ and said I needed to change it. He also told me that I needed more vitamins and that I wasn't getting _____. No surprise there! So I changed my diet. In the end, it was simple _____ to do. Now I'm eating a lot of raw vegetables – I guess you can't eat _____ of those! I feel great. And guess what? My mom can't say I don't eat well _____. Not now!

COMMENTS:

Good for you! You should never be _____ busy to look after your health! _____ junk food and _____ sweets are not good for you.