

**Lesson A** Talking about quantities of food

**A** Complete the sentences about shopping and eating habits. Use the words in the box.

a few   cartons   few   fewer   less   less   little   loaves   many

1. I don't eat \_\_\_\_\_ fruits or vegetables. I really should eat more healthy food.
2. We have a small freezer so we buy very \_\_\_\_\_ frozen meals.
3. I prefer to go shopping at the local store. I'm trying to buy \_\_\_\_\_ food from the big supermarkets than I used to.
4. My family buys about six \_\_\_\_\_ of bread a week and eight \_\_\_\_\_ of fruit juice.
5. I don't fry food anymore. It means I eat \_\_\_\_\_ calories and \_\_\_\_\_ fat. But I have to say, I like a \_\_\_\_\_ butter on my potatoes.
6. When I go out to eat, I like to try \_\_\_\_\_ different things that I don't normally eat.