1 Complete with the present simple or the present continuous form of the verbs given.

1 I _____ (do) a lot of physical exercise at the moment because they say it _____ (help) reduce stress, but it _____ (not work) with me!

2 She normally _____ (wear) her hair short – she says it _____ (look) tidier.

3 These days my team and I _____ (train) for four hours a day to prepare for the school football finals which _____ (take place) every year in June.

4 I _____ (feel) really pleased today because my teacher says I _____ (make) great progress with my English.

5 My little sister _____ (need) encouragement – she's very clever but she _____ (not show) it.

6 She _____ (always/complain) about everything, and I _____ (become) more and more annoyed with it.

Complete with the present simple or the present continuous form of the verbs given.

Maya Polar Bear is one of the internet's favourite dogs and she (1) _____ (**get**) more followers all the time. Maya is a beautiful white Samoyed dog who (2) _____ (**always/be**) friendly and easy-going. She's very cute and funny in the photos and videos which her owner Karen (3) _____ (**post/once a week**). Karen (4) _____ (**add/usually**) writing to show what Maya is thinking. In one of her most popular videos, Karen (5) _____ (**hug**) Maya and Maya (6) _____ (**make**) funny faces. (7) _____ (**Maya/smile**) in the video? Maybe she is!

(8) _____ (**you/want**) a dog like Maya? If so, you should think about whether a Samoyed is right for you. Samoyed dogs (9) _____ (**be**) affectionate and energetic, and they (10) _____ (**like**) playing. However, they (11) _____ (**always/make**) noise, which can be annoying!

LIVEWORKSHEETS

Sylvia (1) *has/is having* many qualities, but she's a bit too shy. She's more intelligent than she (2) *thinks/ is thinking*. She's quite a good student and she (3) *knows/is knowing* French and Spanish well, but she's poor at maths. In fact, she (4) *gets/is getting* very low marks in algebra at the moment. Sylvia badly (5) *needs/is needing* extra lessons and (6) *looks/is looking* for a private teacher. She's my best friend and we (7) *have/ are having* a great time when we hang out together. And we (8) *love/are loving* going window-shopping – we (9) *look/are looking* at clothes, or (10) *smell/are smelling* the new perfumes, but we rarely buy anything.

LIVEWORKSHEETS

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