

Activities 1: Fill in the Blanks

(lyrics, melody, instrument, performed, concert)

1. The _____ of the song is so catchy that I can't stop humming it.
 2. She has practiced playing the piano for years, and it is her favorite _____.
 3. I went to a live _____ last night to see my favorite band play.
 4. The _____ of this song are very meaningful and tell a beautiful story.
 5. The choir _____ a traditional folk song at the school festival.
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Activities 2: Fill in the Blanks

Music is a universal (1) _____ that people all over the world enjoy. It has the power to change our (2) _____; for example, upbeat music can make us feel happy, while slow music can help us (3) _____. Many people enjoy (4) _____ to music while they work or study because it helps them concentrate. With the invention of smartphones, we can now enjoy our favorite songs (5) _____ we go.

Activities 3: Reading Comprehension

The Benefits of Learning a Musical Instrument

Learning to play a musical instrument is more than just a hobby; it provides numerous cognitive and emotional benefits. Research shows that children who study music often perform better in subjects like mathematics and science. This is because music involves understanding patterns, scales, and rhythms, which are closely related to logical thinking.

Furthermore, playing an instrument requires a high level of discipline and patience. It takes hundreds of hours of practice to master a difficult piece of music. This process teaches individuals the value of hard work and persistence. Additionally, music is a powerful tool for stress relief. After a long day, playing the guitar or piano can help a person express their emotions and find inner peace.

Finally, music often brings people together. Whether playing in an orchestra or a small band, musicians must learn to listen to one another and cooperate to create a harmonious sound. Thus, music is not only an individual achievement but also a social activity that builds teamwork.

Questions:

1. According to the text, why do music students often do well in math and science?
2. What two qualities does playing an instrument help develop through practice?
3. How can music help a person after a stressful day?
4. Is playing music always a solitary (alone) activity? Why or why not?